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Cheyenne & Arapaho
TRIBAL TRIBUNE

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# Blood quantum resolution defeated

*By Rosemary Stephens, Reporter/Graphic Artist*

Per capita checks and service programs versus education and health.

Those were the topics surrounding the controversial subject of lowering the Cheyenne and Arapaho tribes' blood quantum requirements for enrollment.

"I am hoping the outcome of the meeting is to go ahead with lowering the blood quantum so the bloodline can continue … if it's not lowered, pretty soon we won't have anyone left on the roll," Nickholes White, tribal member, said.

The special tribal council meeting, held Sept. 5, 2009 in Weatherford, Okla., was to vote on the resolution to hold a special election to amend the Cheyenne and Arapaho tribes constitution article IV, section 1(d) which states, "*The membership of the tribes shall consist of the following persons: (d) Each person of 1/4 more degree of blood of the Cheyenne and Arapaho Tribes of Oklahoma, born to a member of the tribes after the effective date of the constitution and bylaws adopted in 1975.*"

The proposed amendment to the constitution states, "(d) Each person of 1/8 or more degree of blood of the Cheyenne and Arapaho tribes, born to a member of the tribes after the effective date of the constitution and bylaws adopted in 1975."

The resolution was defeated by a vote of 98 against, 88 in favor of, and one abstaining. According to the tribes' constitution, a quorum of 75 tribal members must be present before voting. A total of 187 tribal members were present.

After the election of a chairman for the meeting and the reading of the resolution, the floor was opened up for comments from tribal members.

"I think it's a good idea, but I believe this is a bit premature. I think we should let more of the tribal members be involved in deciding this issue, and I think we owe it to the other tribal members to allow them a more of a say," Marlin Hawk, Cheyenne and Arapaho Tax Commission director, said.

Several tribal members said the decision to lower the blood quantum requirements should be presented to the entire tribe in a general election instead of being decided by a few members who were able to attend the tribal council meeting.

Arguments against lowering the blood quantum centered around the possible decrease in per capita check amounts and the lack of services for tribal members, which some people feel exists, without adding more members to the roll.

"If you work at Concho you see people getting turned away everyday for services … my concern is we can't take care of the people we have right now. There is a time and place for this, but it's not now," Robert Wilson, C2 legislator, said. "We need to get our house in order first and I think we should have an audit of the existing roll and clean it up first."

On the opposite side, other people argued the positive points of lowering the blood quantum that included education and healthcare.

"I authored this resolution because of my concern for my grandchildren who are Indian in every way, raised in our traditions, they have Indian names that have been given to them, however, they do not have enough blood to be recognized by their own tribe as Indian," Gladys Nowlin, tribal member, said. "They are being denied the opportunity of going to college on the many Native American scholarships available, and after they turn 18 years old they will be denied health care through

*See blood, page 13*

# Tribes are no longer considered high risk

*By Dana Attocknie, Managing Editor*

When it comes to applying for grants to enhance the Cheyenne and Arapaho tribes of Oklahoma, the process will no longer be as daunting.

For 13 years the tribes were listed as a "high risk" contractor/grantee, which means the tribes were not in compliance with the Office of Management and Budget (OMB) – the federal clearinghouse.

"The high risk designation meant that, in order for the tribes to receive an federal funding, the tribes were required to spend the tribes' money, then seek reimbursement from federal agencies. This after-the-fact process meant that the tribes would receive less federal funding as compared to other tribes that were not on high risk status," Bill West, Cheyenne and Arapaho tribes treasurer, said. "The tribes' high risk status also made it almost impossible to receive any American Recovery and Reinvestment Act (stimulus) money."

The tribes were placed in the high risk category on Sept. 13, 1996 and several violations were presented to the tribes justifying the high risk label.

*See high risk, page 9*

## Honoring veterans

*Photo by Dana Attocknie*

Alvin Randolph Hart's brothers, Sam and Lawrence Hart, take their brother's flag down with assistance from Mike Leader and Lanny Asepermy on Aug. 30, 2009 the Canton veteran's powwow. Alvin served in the Army during World War II and later enlisted in the Air Force.

Sam served in the Navy and Marines and is a combat veteran. Lawrence served in the Navy as a pilot. Their sisters also served: Christine Hart George in the Navy, Lucy Hart Decker in the Army and Lenora Hart in the Army. The family has a handful of other veterans as well.

Other honored flags were for Melvin Stevens and Gary Stonecalf.

See powwow photos on page 13.

CALUMET GROCERY

# Grocery store benefits tribes, community

*By Rosemary Stephens, Reporter/Graphic Artist*

As Rebecka Gilbert scans grocery items she looks up, smiles big at Diana Snider, a calumet resident and asks, "Did you find everything you needed?"

"Our customers are important to us and the recurring comment we hear all the time when they come into the grocery store is how clean and organized the store is and that they are glad we are here," Gilbert, Calumet Grocery Store cashier, said.

The Cheyenne and Arapaho tribes purchased the Calumet Grocery Store located in Calumet, Okla. in 2008. The grocery store officially opened for business in July 2009.

"It is so wonderful having the grocery store here, it's convenient and the store is having a big impact on Calumet's economy because of the sales taxes and they are purchasing fruits and vegetables from our local farmers for their produce and that really helps out our community," Barbara Johnson, Calumet Chamber of Commerce president, said.

She said the chamber worked real hard to get involved with promoting the grocery store and letting the towns people know the store was open for business.

*Marcelo Garcia checks the produce for freshness throughout the day.*

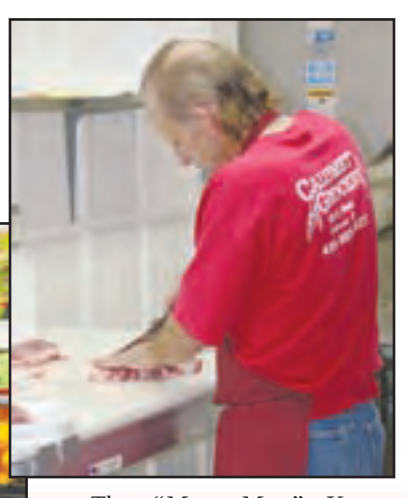
"We used to have a grocery store here years ago, but it burned, so folks around here aren't used to having another grocery store after so many years," Johnson said. "It's so convenient, the meat selection is wonderful and the prices are so cheap, I don't know how they do it, but we all want to see the store succeed and stay right here."

Local restaurant owner Diana Snider said it has been great to be able to run down the street to the grocery store when they run out of buns or condiments instead of having to drive all the way to El Reno 20 miles away.

"We own Johnny's Grill and it's fantastic having the grocery store here. I have a business charge account set up so if we run out of anything at the grill and I'm not there my employees can just trot right down here to the store, get what we need at the grill and I pay it at the end of every month," Snider said. "I am what you call a daily shopper, you know the store is clean, the people are so friendly and the prices are great, not like most places where they (prices) are out of sight."

*Photos by Rosemary Stephens*

*Rebecka Gilbert scans customer Darion White's groceries with a smile.*



*The "Meat Man" Kenny Wright trims a cut of meat at the Calumet Grocery meat counter.*

The grocery store carries name brand products as well as generic products with daily in-store specials and sales. It is equipped with a fully stocked meat counter resembling meat counters of yesteryear where a person can watch the meat being cut up or have the meat specially trimmed. The store also carries specialty meats such as buffalo meat and beef tongue.

"We want to cater to everyone with the products we carry and we want to help people, as well as be successful," Lori Penner, Calumet Grocery Store manager, said. "We believe that if we personalize the service and really care about the community, we will form friendships that will last a long time and build a loyal customer base because of it."

Penner said a lady came into the store with her last five dollars and said it was the only place she knew where she could buy a gallon of milk and a loaf of bread for her kids for fewer than five dollars.

Adjacent to the grocery store is a restaurant that was also purchased at the same time as the grocery store. Many people living in Calumet expressed their anticipation about the restaurant opening.

"We wanted to get the grocery store opened and up on it's feet before we pur-

*See store, page 8*

Public Notice
Resolutions
Bus Schedule

Pages 4 and 5

## ANNUAL TRIBAL COUNCIL MEETING

At 10 a.m. Saturday, Oct. 3, 2009 at Concho Community Hall in Concho, Okla.

# Second round of CATC graduates receive degrees

*By Dana Attocknie, Managing Editor*

In one swoop the Cheyenne and Arapaho Tribal College (CATC) Class of 2009 swivel their white tassels from the left side of their graduation caps to the right side, signifying their accomplishment.

"We do want to congratulate each graduate and wish them well as they embark on their career ... using their new found skills and others may go on to graduate school, and we wish all of them well," Lawrence Hart, CATC Board of Regents chairman, said.

The second CATC commencement took place at 10 a.m. Sept. 5, 2009 in Colony, Okla. All 12 graduates earned an Associate of Science degree in general studies and include: Denise Rachelle Boswell, Damon Neal Dunbar, Emily Holland Garrison, Josie M. Harden, Vickie Ranae Hopf, Teresa Marie Humphreys, Ryan James McAdory, Minoma Littlehawk, Stephanie E. Salas, Mandy Raquel Washa, Megan Kathleen Willis, and Owenita J.Vasquez.

The opening ceremony for the tribal college was held on Aug. 25, 2006, and the college held its first commencement last year. in 2008.

*Cheyenne and Arapaho Tribal College Princess Cristina "Cricket" Yellowman listens to guest speakers during the 2009 college commencement.*

Photos by Dana Attocknie

*Cheyenne and Arapaho Tribal College President Dr. Henrietta Mann drapes a scarf around Damon Dunbar.*

CATC is currently located on the Southwestern Oklahoma State University (SWOSU) campus.

Providing a brief history of the tribal college was Dr. Radwan Al-Jarrah, SWOSU College of Arts and Sciences dean. Al-Jarrah played an integral role in the establishment of CATC and in offering Cheyenne and Arapaho language courses.

"I feel the language is very essential," he said. "Once the language stays alive the culture stays alive ... do not allow anything to deceive you from this opportunity. The language. The language. The language."

Al-Jarrah spoke about the CATC future in regards to the college receiving accreditation and eventually moving off campus to a building of its own.

"I feel that the Cheyenne and Arapaho are at a crossroads ... now the door is wide open to do anything you want to do," Al-Jarrah said.

The first student to enroll in the CATC was Denise Boswell. Boswell graduated this year and shared a few words about her academic voyage.

"My journey has been a very interesting journey because I have watched the school grow," Boswell said. "I'm very honored to have Dr. Henrietta Mann as tribal college president ... she has been a real inspiration to me and believing in me. I'm very honored to graduate with the second class of the Cheyenne and Arapaho Tribal College."

The keynote speaker for the commencement was W. Richard West, Jr. West, a Cheyenne and Arapaho tribal member, was the founding director emeritus of the Smithsonian Institution's (SI) National Museum of the American Indian (NMAI) in Washington, D.C. During his time at NMAI he also supervised the establishment of SI's George Gustav Heye Center in New York City and the Cultural Resources Center in Suitland, Md.

He's also worked as an attorney for the Indian-owned law firm of Gover, Stetson, Williams & West, P.C., in Albuquerque, N.M. and he was also a partner in the Fried, Frank, Harris, Shriver & Jacobson law office in Washington, D.C.

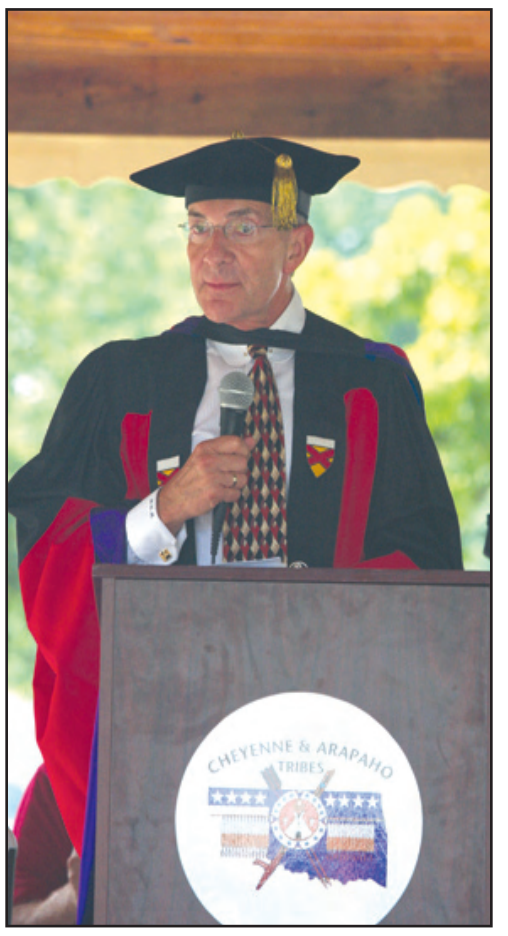
West holds his bachelor's degree in American history from the University of Redlands in California, where he graduated Phi Beta Kappa and magna cum laude in 1965. He earned his master's degree in American history from Harvard University in 1968, and his doctorate of jurisprudence degree was earned at Stanford University School of Law in 1971.

West, a southern Cheyenne peace chief, is the son of Maribelle McCrea and Walter Richard West, Sr.

West centered his keynote address on his father. "I believe that we learn from those that have gone before us," West said. "I learned much from the example of my father."

West said his father always wanted to be an artist rather than the bricklayer and carpenter that Haskell wanted him to be. His father became a master artist who studied under Oscar Jacobson.

His father also made it a point to raise his children as members of the Cheyenne and Arapaho communities, and although his father never forgot the hard life lessons he faced, he never allowed himself to be the victim.



*W. Richard West, Jr. delivers the keynote address during the 2009 Cheyenne and Arapaho Tribal College commencement in Colony, Okla.*

West recalled some Mohawk advise and shared it with the graduates. "'You can never see the future through tears,'" he said.

The graduates along with their family and friends shared a meal together after the ceremony at the Colony powwow grounds.

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E-mail: catc@swosu.edu

## THE 2009 CATC GRADUATES

*Denise Rachelle Boswell*

*Damon Neal Dunbar*

*Josie M. Harden*

*Vickie Ranae Hopf*

*Teresa Marie Humphreys*

*Minoma Littlehawk*

*Ryan James McAdory*

*Stephanie E. Salas*

*Owenita J.Vasquez*

*Mandy Raquel Washa*

*Megan Kathleen Willis*

*Emily Holland Garrison*

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Tribal members may pick up copies at the following Oklahoma locations: Tribal complex, Smoke shop in Concho; Indian clinic, BIA office, Education building (Canadian Square), Chamber of Commerce, City Hall in El Reno; Indian clinic, Elder care, Housing building, Annex, Cheyenne Culture Center, Smoke shop in Clinton; Indian clinic, Food Distribution in Watonga; Canton Smoke shop, and Seiling/Fonda Community Center. / Papers are printed by Lindsay Webb Press.

Newspapers per copy - 50 cents; Annual subscription rate - $25; Enrolled C & A tribal members - FREE.

**DEADLINES:** *The Tribal Tribune is published on the 1st and 15th of each month. The deadline for the 1st issue is the 23rd of the previous month and the deadline for the 15th issue is the 8th of that month.*

# Waking up sleeping languages

*By Dana Attocknie, Managing Editor*

With over 7,000 languages in the world, and many of the small languages disappearing, scientists Dr. Greg Anderson and David Harrison are trying to help document languages that will go extinct in their lifetime.

"In the race to document dying languages, time is not on your side," they said in their documentary film titled *The Linguists*.

The film debuted at the 2008 Sundance Film Festival then later on PBS. Most recently, the film was viewed in Sam Noble Museum's Kerr Auditorium on Sept. 8, 2009 as part of the University of Oklahoma's (OU) Presidential Dream Course.

Mary S. Linn, linguistic anthropology associate professor and Sam Noble Museum's Native American languages curator, said OU President David Boren selects the Dream Course topics and the students take an active role in the presentations.

"We're situated where about 40 native languages are and were spoken," Linn said.

Screening of *The Linguists* is the first in a series of guest lecturers for the fall 2009 semester. All the presentations are free and open for the public to attend. On Sept. 9, 2009 Anderson and Harrison presented a lecture titled, "Oklahoma and the Global Language Extinction Crisis." The next presentation titled, "Why Official English? Using language as a Wedge," will be held at 7 p.m. Sept. 23, 2009 at the Sam Noble Museum in Norman, Okla.

In Anderson and Harrison's film, which took a span of five years to make, they take the audience with them to Arizona, Siberia, India, and Bolivia as they search for speakers of endangered languages. They said when a language is in danger, they are afraid a unique way of seeing the world may be lost.

"Most of the worlds languages have never been written down. We could learn a lot from these oral societies," Harrison said.

Yet, they understand their efforts are only part of a solution. "Outsiders can never save a language," Harrison said.

Their work allows them to not only learn about endangered languages, but also help endangered language communities to write and record their language, if the community requests the help.

"The rightful owner of the material is the community that produced it – not science," the scientists said in the film.

Both scientists know different languages are more than just a different way of saying different things, and it's ultimately up to the people/communities to teach and carry on their own native languages.

"When you have documentation, then revitalization is possible," Anderson said.

The film, which was produced by Ironbound Films and funded by the National Science Foundation and the Non-Profit Media Group, recognizes how different languages, wills and government were imposed on people. "Historically, boarding schools have been a disaster for tribal children and have existed in many areas of the world," the scientists said in the film.

One of the people the film showcases is a Chemehuevi Indian, Johnny Hill, Jr. in Arizona who has to speak his native language to himself because many elders have died. In total, there are approximately five speakers of the language.

"It's your breath that you take. Without your language you might as well be dead," a lady from the film said. "Language is identity; part of who you are."

During a question and answer series after the movie, Anderson and Harrison said Hill tries to teach the Chemehuevi language to the younger generation when he has spare time from working with the Bureau of Indian Affairs, however the youth do not always follow through with their good intentions. Therefore, Hill has since gone to the local university for help in documenting the language so there's a record of it once he's gone.

"Often times it's young children making the decision to stop using the ancestral language," the scientists said. "Children don't

*See languages, page 10*

### Presidential Dream Course Lectures

- At 7 p.m. Wednesday, Sept. 23, 2009. **"Why Official English? Using Language as a Wedge"** James Crawford, president, Institute for Language and Education Policy
- At 7 p.m. Monday, Oct. 5, 2009. **"Why 'Dead Languages' Are Only Sleeping: Language revitalization for endangered languages around the world"** Leanne Hinton, professor emerita, University of California at Berkeley
- At 7 p.m. Monday, Nov. 9, 2009. **"Rethinking the Role of Literacy in Indigenous Language Maintenance and Renewal"** Mary Eunice RomeroLittle, Arizona State University

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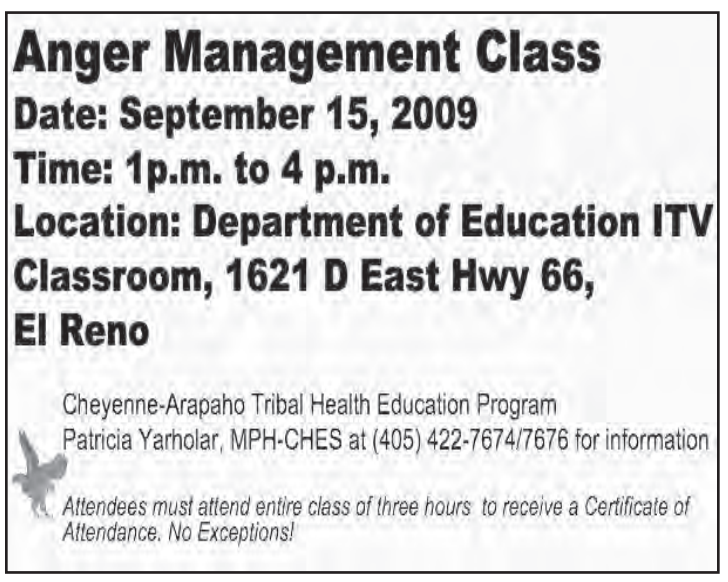
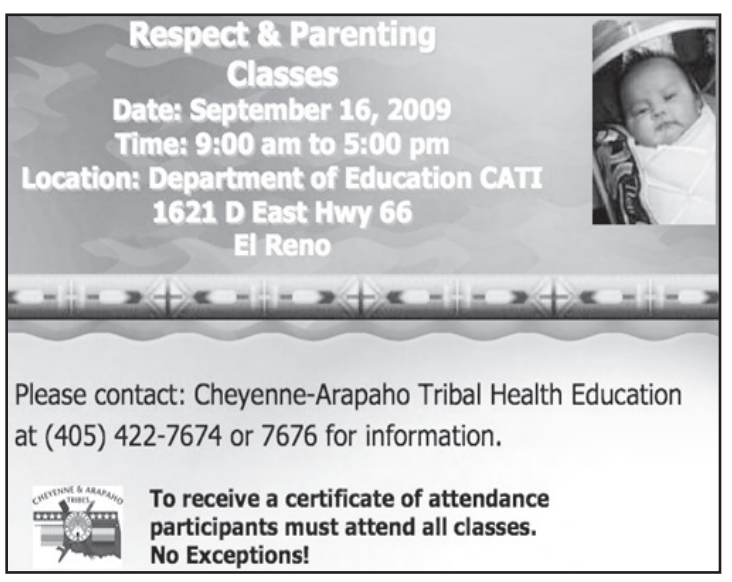

Anger Management Class
Date: September 15, 2009
Time: 1p.m. to 4 p.m.
Location: Department of Education ITV Classroom, 1621 D East Hwy 66, El Reno
Cheyenne-Arapaho Tribal Health Education Program
Patricia Yarholar, MPH-CHES at (405) 422-7674/7676 for information
Attendees must attend entire class of three hours to receive a Certificate of Attendance. No Exceptions!


Respect & Parenting Classes
Date: September 16, 2009
Time: 9:00 am to 5:00 pm
Location: Department of Education CATI
1621 D East Hwy 66
El Reno
Please contact: Cheyenne-Arapaho Tribal Health Education at (405) 422-7674 or 7676 for information.
To receive a certificate of attendance participants must attend all classes.
No Exceptions!

# CANDIDATES

**GOVERNOR / LT. GOV**
Janice Bosewell / Leslie Wandrie
Teresa Dorsett / Chris Derenzo
Darrell Flyingman / Nelson Clark

**ARAPAHO DISTRICT ONE LEGISLATOR**
Jane Nightwalker
Scottie Sankey
Richard D. Williams

**ARAPAHO DISTRICT TWO LEGISLATOR**
Michael Kodaseet
Christine Morton
Alvin Basil Pollock
Kendrick Sweezy
Michael K. Whitecloud

**CHEYENNE DISTRICT TWO LEGISLATOR**
Clifton Ellis
Rollin E. Hamilton
Marlin Hawk
Rachel Lynn
Malaina Tallbear

**CHEYENNE DISTRICT FOUR LEGISLATOR**
Pete Salinas
Fiona Whiteskunk

# ELECTION SCHEDULE

**Oct. 6, 2009**
**PRIMARY ELECTION DAY** – Polls open from 7 a.m. to 7 p.m./ Absentee Ballots must be returned by mail to the Concho, Okla. post office no later than 3 p.m. /Election Commission counts the ballots after the close of the polls

**Oct. 7, 2009**
Preliminary results of the Primary Election are posted by 9 a.m.

**Oct. 8, 2009**
Deadline to file a request for a recount --- No later than 9 a.m. / Deadline to file written challenges to the preliminary results of the Primary Election ---- No later than 9 a.m.

**Oct. 10, 2009**
Deadline for the Election Commission to render a decision on any challenges filed to the preliminary results of the Primary Election - No later than 9 a.m.; Primary Election results are certified, and final results of the Primary Election are posted

**Oct. 13, 2009**
Deadline to mail out absentee ballots for the General Election to eligible voters

**Nov. 3, 2009**
**GENERAL ELECTION DAY** – Polls open from 7 a.m. to 7 p.m./ Absentee ballots must be returned by mail to the Concho, Okla. post office no later than 3 p.m./ Election Commission counts the ballots after the close of the polls

**Nov. 4, 2009**
Preliminary results of the General Election are posted by 9 a.m.

**Nov. 5, 2009**
Deadline to file a request for a recount ---- No later than 9 a.m. / Deadline to file written challenges to the General Election results - No later than 9 a.m.

**Nov. 7, 2009**
Deadline for the Election Commission to render a decision on any challenges filed to the preliminary results of the General Election - No later than 9 a.m.; General Election results are certified, and final results of the General Election are posted

**Jan. 2, 2010**
Oath of Office administered by a Justice of the Supreme Court to all newly elected officials.

# PROGRAM PROFILE

## Cheyenne and Arapaho Tribes
## *Office of Procurement, Grant and Contracts*

**PROCUREMENT**

Since November 2007, policies and procedures for the procurement of purchases have been implemented for departments under the administration of the Cheyenne and Arapaho tribes. In March 2008 separation of Property and Procurement, not only by department, but also in the form of two manuals, was completed. There are now two separate offices each with their own functions: the Procurement Office and the Property and Supply Office. With the implementation of the Procurement Manual, purchase thresholds for micro, small and major purchases were implemented; the thresholds establish the dollar amount for determining when a purchase must go out for bid.

The Procurement Office is responsible for bidding out projects where the costs exceed $5,000. Procurement training sessions are held for all departments. We have also implemented online ordering with four office supply vendors wherein departments are able to order needed supplies online with final approval by the Procurement Office.

The Procurement Office has an established list of vendors, which is used when making purchases or bidding out projects. At this time, we are working on a Preferred Vendor list, which will further assist when selecting vendors for projects or purchases. The need to establish a Debarred/Suspended Vendor list is also necessary to have quick access to vendors whom the tribe should not/cannot conduct business with. This list cannot be completed without the cooperation of both the finance and individual departments; a task the Procurement Office will be working on in the near future.

**MISSION STATEMENT**

The Procurement, Grants and Contracts Office is the central department (clearinghouse) responsible for overseeing, monitoring and maintaining an inventory of all federal and state grants and contracts administered by the Cheyenne and Arapaho tribes. In addition, the Procurement, Grants and Contracts Office is responsible for the management of the Procurement Office. The Procurement Office has the responsibility to formulate and implement procurement management procedures and guidelines that ensure systematic practices, procedures and responsibilities for the economical and efficient purchase of materials, supplies, equipment, contracts and services in support of the Cheyenne and Arapaho tribes' programs. These services are provided in order to expedite the tribes economic, social, cultural, health, educational, community and development goals.

**GRANTS AND CONTRACTS**

The Procurement Grants and Contracts Office also oversees and monitors the tribe's (16) 638 contracts and (35) grants from various funding agencies. Each department or program that receives 638 funds has either a monthly, quarterly, annual/semi-annual and/or a report to the people due each year, (not all have the same requirements). Reminders are sent to each department of their reporting requirements so these narratives/statistics are submitted on time to the funding agency. To assist with this task, a calendar was created listing each departments' reporting due dates.

Periodically a 638 program may need to submit a modified budget or other pertinent documents and these are routed to the BIA via this office.

Statistics are gathered when requested to help the grant writer or directors when writing new grants or proposals. We also assist the programs when needed or requested on how to submit paperwork/reports via the Internet/GMS system and Grants.gov.

We assist with corrections to budgets or other pertinent information before a grant can be approved and funded. Throughout the year, in house reviews on federal, as well as gaming funded programs are completed. During 2008, the P G & C office conducted reviews on the following federally funded, state funded and gaming funded (GRAP) programs:

ATTG (file review); CHR; Higher Ed; Elderly Nutrition; Head-start; Housing Authority; Tax Commission; Caregivers; STOP/VAIW; Tribal Court; Food Distribution., GRAP Programs-Economic Development, Culture and Heritage, Respect, and Elder Care.

The P G & C Office also checks tribal programs inventory lists for compliance, accuracy and completeness. Also completed was a mock National Indian Gaming Commission Facilities License Standards Compliance Review on Lucky Star Casinos. P G & C office is also responsible for compiling responses from departments that have findings from the Tribes single audit and also author responses when needed.

For further information, contact Denise Blackowl at ext. 27626.

Denise Blackowl
*Director/ Compliance Officer*

Christine Morton
*Procurement Specialist*

Virginia Reyes
*Encumbrance Clerk*

Mary Davenport
*Grants & Contracts Specialist*

Rowena Yeahquo
*Grant Writer/ Planner*

Julia Svitak
*Administrative Assistant*

# Tribal Tidbits

*Photo by Rosemary Stephens*

*Some of the participants in the Diabetes Wellness Buffalo Pilot project enjoy a healthy lunch. From l-r: Barbara Beard, Troy Little Raven, Mary Ann Koons, Harold Koons, Forrest Little Bird and Sandra LittleBird.*

The Cheyenne and Arapaho tribes' Diabetes Wellness Program summed up their one year Buffalo Pilot project on Aug. 25, 2009 at the Diabetes Wellness conference room in Concho, Okla.

Danelle Johnson, project director, conducted a PowerPoint presentation of the past year, discussed upcoming events and congratulated the participants in the Buffalo Pilot project for their goals over the past year.

Participants were randomly chosen from an approved pool of applicants in July 2008. These participants agreed to participate in an exercise, diet and overall health monitoring for one year.

To learn more about the Buffalo Pilot project contact the Diabetes Wellness staff at (405) 422-7679.

*Left: Jandra Levi holds a gold basketball at thet MAYB National Tournament.*

*Courtesy photos*

*Right: Jandra Levi wins first place at the Oklahoma Indian Nations powwow for the Jingle dress competition.*

*Submitted article*

Congratulations to Cheyenne and Arapaho tribal member, Jandra Alisia Levi for all her accomplishments.

Levi was champion at the Indian Hills powwow in Oklahoma City and the Oklahoma Indian Nations (OIN) powwow in Concho, Okla.

She is also an accomplished athlete. Levi played on the OK Select 99 basketball team and was a member of the Who's Next basketball team. She was part of the fourth grade girls' team to win third place at the MAYB National Tournament, Aug. 7-9, 2009 in Stillwater, Okla.

*Courtesy photo*

*Culture and Heritage program receives award.*

*Submitted article*

In recognition of exceptional services the Culture and Heritage program received a plaque from the Cheyenne and Arapaho veteran powwow committee.

The plaque is adorned with the United States flag and eagles. Traditionally the eagle carries prayers to the creator and monitors the waters – (lakes and streams); while hunting fish. The eagle is also a national symbol, which represents the nation and veterans.

The Second annual Cheyenne and Arapaho veterans powwow was held Aug. 28-30, 2009 in Canton, Okla. Honored guest, children and tribal members from many tribes attended the celebration; which honored and paid respect to Native American soldiers.

Office of the Tribal Council
Rachel Lynn, Coordinator

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Phone: (405) 422-7430
Fax: (405) 262-3129

# PUBLIC NOTICE

## TO: ALL CHEYENNE & ARAPAHO TRIBAL MEMBERS

(18 YEARS AND OLDER ON OR BEFORE OCT. 3, 2009)

### Annual Tribal Council Meeting

At 10 a.m Saturday Oct. 3, 2009 at the Concho Community Hall, in Concho Okla.

In accordance with the Cheyenne and Arapaho Tribes' Constitution, Article V, Section 3 (a) an annual meeting of the Tribal Council shall be held on the first Saturday in October. No other meetings of the tribes shall be held on the first Saturday in October including a Special Tribal Council meeting or a meeting of the legislature. The annual meeting of the Tribal Council shall be held in Concho. The tribes shall provide bus transportation for members of the tribes to attend the annual meeting.

The following items are posted at the Office of Tribal Council (located at Concho Community), Office of Administration (formerly Business Manager's Office), and Cheyenne and Arapaho tribes Web site (ww.c-a-tribes.org). Any resolution is available to the public.

New Business:

1. **AUTHORIZATION TO CONSTRUCT A COMMUNITY BUILDING ON THE CLINTON RESERVE.**
2. **AUTHORIZATION FOR 99 YEAR LEASE FOR 5 ACRES ON THE CONCHO RESERVE.**
3. **AUTHORIZATION FOR THE GOVERNOR TO EXECUTE GAMING VENDOR AGREEMENTS.**
4. **EL RENO LAND INTO TRUST.**
5. **EASEMENT- CHEYENNE AND ARAPAHO TRIBES OF OKLAHOMA, CHEYENNE AND ARAPAHO #3251, NE/4 SW/4 AND LOT 3 (NW/4 SW/4) OF SEC. 19-T16N-R12, BLAIN CO, OK.**
6. **AUTHORIZE ESTABLISHMENT OF THE CHEYENNE AND ARAPAHO TRIBAL UTILITY.**
7. **AUTHORIZATION FOR GOVERNOR TO ACQUIRE PROPERTY.**

In accordance with the Cheyenne and Arapaho tribes' Constitution, Article V, Section 3 (c) The coordinator of the Office of Tribal Council shall provide notice of all Regular Meetings and Special Meetings of the Tribal Council at least 15 days before such Meeting. This document serves as the required 15 day public notice.

# BUS TRANSPORTATION SCHEDULE

### Annual Tribal Council Meeting

At 10 a.m Saturday Oct. 3, 2009 at the Concho Community Hall, in Concho Okla.

***Route No. 1 (West) (Hammon Elk City, Clinton, Thomas, Colony, Weatherford)***

| TOWN | DEPARTURE LOCATION | DEPARTURE TIME |
|---|---|---|
| Hammon, Okla. | Hammon Community Hall | 7 a.m. |
| Elk City, Okla. | Loves Country Store, 2703 E. Highway 66 | 7:40 a.m. |
| Clinton, Okla. | Lucky Star Casino II | 8:15 a.m. |
| Weatherford, Okla. | United Supermarket, 810 E Main Street | 8:35 a.m. |

***Route No. 2 (Northwest) (Seiling, Woodward, Canton, Longdale, Watonga, Geary)***

| TOWN | DEPARTURE LOCATION | DEPARTURE TIME |
|---|---|---|
| Seiling, Okla. | Seiling Community Hall 411 N. Main | 7 a.m. |
| Canton, Okla. | Native American Community Center, Broadway Street | 7:40 a.m. |
| Watonga, Okla. | Watonga Multi-Purpose Building | 8:30 a.m. |
| Geary, Okla. | Geary Community Hall, 132 E Main | 9 a.m. |

***Route No. 3 (Northwest) (Seiling, Woodward, Canton, Longdale, Watonga, Geary)***

| TOWN | DEPARTURE LOCATION | DEPARTURE TIME |
|---|---|---|
| Oklahoma City | Wal-Mart Super Center, 7500 E. Reno | 8 a.m. |
| El Reno, Okla. | Canadian County Parking Lot, 100 N. Choctaw | 8:30-10 a.m.(pick up every 30 min.) |
| Kingfisher | Wal-Mart 1213 S. Main Street | 9:15 a.m. |

*If you have any questions, please feel free to contact the Office of Tribal Council at (800) 247-4612 ext. 27430 or (405) 422-7430.*

# Court of Appeals affirms conviction of former tribal official

(OKLAHOMA CITY) – Robert J. Troester, Acting United States Attorney for the Western District of Oklahoma, announced the United States Court of Appeals for the Tenth Circuit has upheld the conviction of Roy Dean Bullcoming, 55, of Seiling, Okla.

Bullcoming was convicted following a plea of guilty in August 2008 and was sentenced to serve 36 months in federal prison, followed by three years of supervised release, and ordered to pay $101,585.68 in restitution to Cheyenne-Arapaho Tribes. (W.D. Oklahoma Case No. CR-08-55-F)

Bullcoming, formerly was an elected business committee member for the C-1 District of the Cheyenne-Arapaho Tribes.

He was found guilty of embezzling tribal funds and "Emergency Assistance" monies generated from the Tribes' Lucky Star casinos that were meant to be used as a last resort for limited emergency situations involving tribal members who had needs related to medical treatment, bus fare to funerals, temporary shelter, and utility cut-offs, as set forth under tribal law.

Under the program, assistance was to be limited to a maximum of $200 once every three months. Yet, Bullcoming, having authority over the tribal funds in his position as an elected leader, spent tribal money for himself and others illegally.

Under a plea agreement, Bullcoming pleaded guilty to one count of the 15-count indictment involving the purchase of a vehicle for himself.

At sentencing the court found that he had embezzled a total of $101,585.68 of tribal monies from the emergency assistance program and from casino funds for unauthorized uses such as vehicle purchases, vehicle repairs, payments to relatives and others, as well as payments for trips to out of state conferences that he did not attend.

The Tenth Circuit affirmed the 36-month sentence imposed by the district court, which was more than the advisory sentencing guideline range. The district court imposed the higher sentence in part based upon the repetitive nature of the embezzlements and to deter others from engaging in similar conduct.

The case was investigated by the Federal Bureau of Investigation and was prosecuted by Assistant United States Attorney Arvo Mikkanen.

# Guidelines for lawn care program

*Submitted article*

The Elder Care program grass cutting crew continues to accept lawn cutting applications from elders as well as yard clean up applications.

The Elder Care program will only cut your lawn every 30 days because of the large backlog of lawn cutting applications submitted. Elders must submit a regular Elder Care application each time they want their lawn cut.

The elder's physical address must be on the application as well as directions to the home if the elder lives in a rural semi-rural area. A telephone number to reach the elder or someone in the family is required. The elder will be contacted before the grass crew goes to the work site.

The elder requesting lawn services must be available to sign Elder Care's work order when the work is satisfactorily completed.

Elders are urged to pick up debris and other items before the Elder Care grass cutting crew arrives.

Elders wanting their yards cleared of debris must state so on the application. There is another list for yard clean ups.

If we are unable to contact the elder or the yard is not picked up and is too cluttered for the grass crew to cut, that application will be

# CHEYENNE AND ARAPAHO TRIBES TRIBAL COUNCIL MEETING

AT 10 A.M. OCT. 3, 2009 CONCHO COMMUNITY BUILDING- CONCHO, OK

# RESOLUTIONS

**SUBJECT: AUTHORIZATION TO CONSTRUCT A COMMUNITY BUILDING ON THE CLINTON RESERVE**

WHEREAS; The Cheyenne and Arapaho Tribes are a federally recognized Indian tribe organized under a Constitution approved by tribal membership on April 4, 2006 and approved by Secretary of the Interior; and

WHEREAS; The self-governance and sovereign status of the Tribes promotes economic and social welfare, protects the religious freedom and tribal customs of all tribal members; and

WHEREAS; Article V, § 2 (a) of the Constitution grants the Tribal Council the power to set policy for the Tribes and have all other powers and duties specifically provided by this Constitution; and

WHEREAS; The Tribal Council recognizes the need for a community building at the Clinton Reserve; and

WHEREAS; The Tribal Council offers their support to the Housing Authority efforts to obtain funding and construct a community building; and

WHEREAS; The Housing Authority is governed by a Board of Commissioners and the Chairman of the board will have signature authority for any related documents to obtain funding for the building, and

THEREFORE BE IT FURTHER RESOLVED that the Tribal Council of the Cheyenne and Arapaho Tribes hereby support the Housing Authority to produce more construction opportunities on the Clinton Reserve

BE IT FURTHER RESOLVED that the Tribal Council will grant the Housing Authority at their discretion to select 2 acres to construct a Community Building on the Clinton Reserve

BE IT FINALLY RESOLVED that the Tribal Council of the Cheyenne and Arapaho Tribes hereby authorizes and grants 2 acres of land on the Clinton Reserve.

**SUBJECT: AUTHORIZATION FOR 99 YEAR LEASE FOR FIVE ACRES ON THE CONCHO RESERVE.**

WHEREAS; The Cheyenne and Arapaho Tribes are a federally recognized Tribe organized under a Constitution approved by tribal membership on April 4, 2006 and approved by Secretary of the Interior; and

WHEREAS; The self-governance and sovereign status of the Tribes promotes economic and social welfare, protects the religious freedom and tribal customs of all tribal members; and

WHEREAS; Article V, § 2 (a) of the Constitution grants the Tribal Council the power to set policy for the Tribes and have all other powers and duties specifically provided by this Constitution; and

WHEREAS; the Tribal Council recognizes the tribe is in need of additional Housing for its members; and

WHEREAS; The Tribal Council wishes to support the Housing Authorities efforts to provide additional housing; and

NOW THEREFORE BE IT RESOLVED that the Tribal Council does hereby support the Housing Authorities efforts to produce more housing opportunities for the Tribal members.

BE IT RESOLVED that the Tribal Council will grant the Housing Authority at their discretion to select five acres to build an Independent Living Complex at Concho, Oklahoma.

BE IT FINALLY RESOLVED that Tribal Council of the Cheyenne and Arapaho Tribes hereby authorizes and grant a 99 year lease for five acres of land on the Concho reserve.

**SUBJECT: AUTHORITZATION FOR THE GOVERNOR TO EXECUTE GAMING VENDOR AGREEMENTS**

WHEREAS; The *Tsistsistas* and *Hinónóéí* (Cheyenne and Arapaho) Tribes ("Tribes") are a federally recognized Indian tribe organized under a Constitution approved by tribal membership on April 4, 2006 and approved by the Secretary of the Interior ("Constitution"); and

WHEREAS; Gaming revenues constitute a principal source of the Tribes' income, funding essential government programs and services that operate to protect the health and welfare of the tribal members; and

WHEREAS; Maximization of tribal gaming revenues requires efficient operation of casino affairs, which, in turn, requires the Tribes to efficiently execute various vendor agreements necessary to conduct casino affairs, including, but not limited to, gaming machine lease agreements; and

WHEREAS; Article VII, Section 4(d) of the Constitution provides that the Governor "shall have the power to negotiate and sign a contract, other than a gaming management contract, which has been previously authorized by the Tribal Council or Legislature"; and

WHEREAS; Article X, Section 1 of the Constitution provides that "Any authorization by the Tribal Council to waive Sovereign Immunity shall be specific, for a limited scope and duration, and in writing"; and

WHEREAS; It is in the best interest of the Cheyenne and Arapaho Tribes and its members that the Tribal Council authorize the Governor to execute the various vendor agreements necessary to operate casino affairs, including, but not limited to, gaming machine lease agreements;

WHEREAS; The casinos continue to experience growth in numbers of customers and revenue which requires the Tribes to provide expanded facilities and additional amenities;

NOW THEREFORE BE IT RESOLVED that the Tribal Council of the *Tsistsistas* and *Hinónóéí* (Cheyenne and Arapaho) Tribes does hereby authorize the Tribes' Governor or his designee to execute all gaming vendor agreements necessary to efficiently operate casino affairs; and

BE IT FURTHER RESOLVED such gaming vendor agreements shall be limited in duration to no more than three-year primary terms with automatic renewal terms of no more than one year at a time; and

BE IT FURTHER RESOLVED that the Tribal Council hereby authorizes the Governor to negotiate and execute contracts for the planning, design, finance (including but not limited to Bureau of Indian Affairs guaranteed grant/loan programs or similar programs) and construction of expanded casino facilities; and

BE IT FURTHER RESOLVED that the Governor is authorized to include limited waivers of sovereign immunity in such gaming vendor agreements as may be necessary in the best interests of the Tribes, and such waivers shall be for the limited purpose of enforcing such agreements during the term of such agreements; and

BE IT FURTHER RESOLVED that the Governor is authorized to include limited waivers of sovereign immunity for contracts necessary for gaming facility development and/or expansions as may be necessary in the best interests of the Tribes, and such waivers shall be for the limited purpose of enforcing such agreements during the term of such agreements; and

BE IT FURTHER RESOLVED that this Resolution shall supersede and replace any other resolutions, if any, which are contrary to the terms of this Resolution.

**SUBJECT: EL RENO LAND INTO TRUST**

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized tribe organized under a Constitution approved by the members of the Tribes on April 4, 2006, in accordance with the requirements of Federal law; and,

WHEREAS: The Cheyenne and Arapaho Tribes own a tract of land containing 94.448 acres located at the intersection of Interstate 40 and Country Club Road just west of the City of El Reno, Canadian County, Oklahoma (hereinafter, "the Property"), that is held in fee status, and is located within the Tribes' former reservation boundaries, and,

WHEREAS: The Tribes' acquired the Property from Rosalie E. McLaren, trustee of the Rosalie E. McLaren revocable living trust, dated April 19, 2002, and the Property containing 94.448 acres is owned 'free and clear' by the Cheyenne and Arapaho Tribes without incumbrances, and,

WHEREAS: No hazardous materials exist on this property, as verified by the Environmental Assessment; and,

WHEREAS: The Cheyenne and Arapaho Tribes want to expand the tribal land base, which is currently insufficient for the needs of the Tribes and its members; and,

WHEREAS: The Cheyenne and Arapaho Tribes will submit an application to the Secretary of the Interior, Bureau of Indian Affairs, to place the Property, including surface rights and surface rights, into trust to facilitate tribal self determination and economic development; and,

WHEREAS: The Cheyenne and Arapaho Tribal Government is focusing on land acquisition as a valuable means to provide services and benefits to its citizens; and,

WHEREAS: The legal description for the Property is as follows: A tract of land being a part of the Northwest Quarter (NW/4) of Section 20, Township 12 North, Range 7 West of the Indian Meridian, Canadian County, Oklahoma, being more particularly described as follows: Commencing at the Southwest Corner (SW/C) of the Northwest Quarter (NW/4), said point is the point of beginning; thence N 00˚10'47" W, along the West section line a distance of 342.27 feet, more or less, to a set iron rod; thence S 89°45'55" B a distance of 40.00 feet, more or less, to a set iron rod; thence N 00˚10'47" W, a distance of 600.00 feet, more or less, to a set iron rod; thence S 89°45'55" E a distance of 455.00 feet, more or less, to a set iron rod; thence N 00°10'56" W, a distance of 1174.98 feet, more or less, to a point on the South Right of Way of U.S. I-40 Highway; thence following the South right of way of U.S. 1-40 highway the following calls: thence Southeasterly on a curve to the right having a radius of 1342.40 feet, a distance of 428.01 feet, more or less, to a point; thence Southeasterly on a curve to the right having a radius of 2774.49 feet, a distance of 166.80 feet, more or less, to a point; thence S 54°36'24" E a distance of 153.85 feet, more or less, to a point on the south right of way of U.S. I-40 Highway; thence S 65°06'00" E, a distance of 1602.26 feet, more or less, to a point on the south right of way of U.S. I-40 Highway and the East line of the NW/4; thence S 00°04'38" E, along the East line of the NW/4, a distance of 1215.84 feet, more or less, to a set iron rod, at the Southeast corner of the NW/4; thence N 89˚46'29" W, a distance of 2641.51 feet, more or less, to the point of beginning. Less and Except: A tract of land located in the Northwest Quarter (NW/4) of Section TWENTY (20), Township TWELVE (12) North, Range SEVEN (7) West of the Indian Meridian, Canadian County, Oklahoma, described as follows: Beginning at a point which is S 00°11'00" E a distance of 1,114.10 feet and N 89°49'00" E a distance of 1,751.75 feet from the Northwest Corner of said NW/4 (said point also being 100.00 feet S 24°11'00" W from the Southerly right-of-way line of Interstate Highway 40); thence S 65°49'00" E a distance of 208.71 feet; thence S 24°11'00" W a distance of 208.71 feet; thence N 65°49'00" W a distance of 208.71 feet; thence N 24°11'00" E a distance of 208.71 feet to the point or place of beginning. Said tract contains 94.448 acres, more or less.

NOW, THEREFORE, BE IT RESOLVED that the Tribal Council hereby adopts a policy of land acquisition to increase the Tribes' land base, and hereby reaffirms its earlier polices embodied in Resolutions adopted at its November 18, 2006 Special Tribal Council Meeting; and,

BE IT FURTHER RESOLVED that the Tribal Council hereby authorizes the submission of trust applications to the U.S. Secretary of the Interior to take property into trust for the Tribes; and,

BE IT FINALLY RESOLVED that the Tribal Council hereby authorizes the Governor to execute all documents necessary to purchase property and complete the trust application process for placing identified lands into trust status;

**SUBJECT: EASEMENT-Cheyenne & Arapaho Tribes of Oklahoma, Cheyenne & Arapaho #3251, NE/4 SW/4and Lot 3 (NW/4 SW/4) of Sec. 19-T16N-R12, Blaine Co., OK**

WHEREAS; The Cheyenne and Arapaho Tribes are a federally recognized Indian tribe organized under a Constitution approved by the tribal membership on April 4, 2006, and approved by U.S. Secretary of the Interior; and,

WHEREAS; The Tribal Council has powers designated in the Cheyenne & Arapaho Constitution as stated in Article V, Section 2, and

WHEREAS; Article 5, Section 2 of the Constitution grants the Tribal Council the power to authorize the Governor to enter into treaties, compacts, or any contract, and,

WHEREAS; All requirements and necessary procedures have been completed and submitted to the Concho Agency, Bureau of Indian Affairs.

NOW, THEREFORE, BE IT RESOLVED, that the Tribal Council authorize the Governor to enter this agreement on behalf of the Cheyenne & Arapaho Tribes,

BE IT FURTHER RESOLVE that this resolution shall supersede and replace any other documents, if any, which are contrary to the terms of this resolution.

**SUBJECT: AUTHORIZE ESTABLISHMENT OF THE CHEYENNE AND ARAPAHO TRIBAL UTILITY**

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized Tribe organized under a Constitution approved by tribal membership on April 4, 2006 and approved by Secretary of the Interior; and

WHEREAS; Article VI, § 5 (g), states The Legislature shall have the power to create Regulatory Commissions by law. Any Commission created by the Legislature shall be located in the Executive Branch of government. No Member of the Legislature may also be a member of any Commission created by the Legislature. All Commissions shall be subject to the laws of the Tribes. Any Commission created by the Legislature shall have the authority to promulgate written regulations permitted by law and in accordance with legislative due process. Members of all Commissions shall be selected by the Governor, subject to confirmation by the Legislature, and

WHEREAS; Article V, Section 2 a). The Tribal Council shall have the power to set policy for the Tribes and shall have all other powers and duties specifically provided by this Constitution, and

WHEREAS; The Tribal Council has determined that it is necessary to form an entity that can address the current and future energy and infrastructure needs of the Tribes, and

WHEREAS; The establishment of the Cheyenne and Arapaho Tribal Utility Authority would create the "arms-length" entity capable of initiating, financing, constructing, managing, maintaining, and sustaining utility infrastructure for Tribal operations and enterprises.

NOW, THEREFORE, BE IT RESOLVED that Tribal Council of the Cheyenne and Arapaho Tribes hereby directs the Tribal Legislature to initiate the establishment of the Cheyenne and Arapaho Tribal Utility Authority as a commission authorized to address the current and future energy and infrastructure needs of the Cheyenne and Arapaho Tribes.

**SUBJECT: AUHTORIZATION FOR GOVERNOR TO ACQUIRE PROPERTY**

WHEREAS: The Cheyenne and Arapaho Tribes are a federally recognized tribe organized under a Constitution approved by the members of the Tribes on April 4, 2006, in accordance with the requirements of Federal law; and,

WHEREAS: The Cheyenne and Arapaho Tribes currently pay more than $140,000.00 per year in rent for commercial for the Department of Education, legislative office and others; and the Tribes acquire no equity in the property; and

WHEREAS: It is in the best interest of the Tribes to explore the purchase of commercial property; and

NOW, THEREFORE, BE IT RESOLVED that the Tribal Council hereby authorizes the Governor to negotiate and execute contracts for feasibility studies, financing and purchasing of available commercial properties for use of the Education Department, legislature and other tribal entities.

# Novel H1N1 Flu

*By Patricia Yarholar*
*Resource: CDC Influenza*

Spread of novel H1N1 virus is thought to occur in the same way that seasonal flu spreads. Flu viruses are spread mainly from person to person through coughing or sneezing by people with influenza. Sometimes people may become infected by touching something – such as a surface or object – with flu viruses on it and then touching their mouth or nose.

The main way that influenza viruses are spread is from person to person in respiratory droplets of coughs and sneezes. This can happen when droplets from a cough or sneeze of an infected person are propelled through the air and deposited on the mouth or nose of people nearby. Influenza viruses may also be spread when a person touches respiratory droplets on another person or an object and then touches their own mouth or nose (or someone else's mouth or nose) before washing their hands.

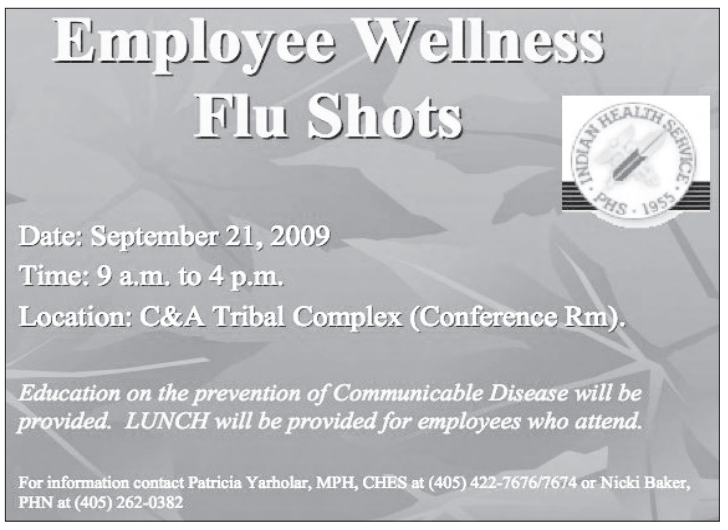
The flu is contagious and most healthy adults may be able to infect others beginning one day before symptoms develop and up to five days after becoming sick. Children may pass the virus for longer than seven days. Symptoms start one to four days after the virus enters the body. That means you may be able to pass on the flu to someone else before you know you are sick. Some persons can be infected with the flu virus but have no symptoms. During this time, those persons can still spread the virus to others.

Signs and symptoms of novel H1N1 flu virus in people include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. A significant number of people who have been infected with this virus also report diarrhea and vomiting. Severe illnesses and death has occurred as a result of illness associated with this virus.

About 70 percent of people who have been hospitalized with this novel H1N1 virus have had one or more medical conditions previously recognized as placing people at "high risk" of serious seasonal flu-related complications. This includes pregnancy, diabetes, heart disease, asthma and kidney disease.

There is no vaccine available right now to protect against novel H1N1 virus. However, a novel H1N1 vaccine is currently in production and will be ready for the public in the fall. There are everyday steps to protect your health:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. Or cough into your sleeve, if you don't have tissue.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care. (Your fever should be gone without the use of a fever-reducing medicine.) Keep away from others as much as possible to keep from making others sick.


Employee Wellness
Flu Shots
INDIAN HEALTH SERVICE
PHS · 1955
Date: September 21, 2009
Time: 9 a.m. to 4 p.m.
Location: C&A Tribal Complex (Conference Rm).
Education on the prevention of Communicable Disease will be provided. LUNCH will be provided for employees who attend.
For information contact Patricia Yarholar, MPH, CHES at (405) 422-7676/7674 or Nicki Baker, PHN at (405) 262-0382

Courtesy photo

*Elders enjoying exercise bingo at Watonga during the August Elders Day Out.*

## Elder's Day Out in August

*Submitted article*

The Elder's Day Out is back! On Aug. 25, 2009 the Cheyenne and Arapaho R.E.Sp.E.C.T. program continued with the Elder's Day Out activities in Watonga Okla. in the Cheyenne and Arapaho all-purpose building. Participants from all service areas came with friends and family to enjoy the day's activities.

All the participants who signed in received a bingo card for the first activity, exercise bingo. The elders did exercises for every number of the game until a player had a bingo. There were several prizes given away for the winners.

After the exercise bingo the elders had a catered lunch by End O' Main catering from Watonga. After lunch the participants had a scrapbooking activity for their arts and crafts session.

The participants brought their own photographs of family and friends to make their own picture album. Each participant was given decorations and sheets of album paper to customize their personal scrapbook. The program took pictures of people who wished to pose for a simple photograph of themselves or with their friends.

The day came to an end with the birthdays in August and the door prize drawings, which included enamel-wear sets and a sewing machine. The Cheyenne and Arapaho CHR program also gave prizes away.

R.E.Sp.E.C.T would like to thank all the programs who contributed booths for the event, and everyone who attended. R.E.Sp.E.C.T. will be continuing the Elder's Day Out activities throughout the year.

For more program information, call the Concho R.E.Sp. E.C.T. office at (405) 262-0345 ext.27570 or visit www.c-a-tribes.org/respect.

## US Census mission

Each decade, the US Census Bureau embarks on an important mission of service to the people of the nation.

Sixteen months from now, in December 2010, we will deliver the population for the nation and the U.S. territories to President Barack Obama.

The results of the decennial census will determine the distribution of billions of dollars for federal, state and local resources, in addition to fulfilling the constitutional mandate for equal representatives for political representation.

These vital data also supply the baseline for important government policies, economic development, emergency response, and nonprofit grant proposals across the nation for the next ten years.

The decennial census touches the lives of everyone in a simple but profound way.

It ensures that people in every neighborhood and every community throughout the country receive their fair share of federal funding and an equal voice in government.

Our approach is all-inclusive and our expectations are high. With the invaluable aid of elected officials and civic-minded groups, we seek an accurate count of every resident.

Remember our goal is to: Count Everyone, Count Everyone Once, and Count Everyone in the Right Place. We hope that through efforts like yours, we will indeed, have the best census ever!

*Dennis R. Johnson, Kansas City regional census director*

## Instant Potato Oven Fried Chicken

1 cup instant mashed potato flakes
1/2 teaspoon salt
1/3 cup milk or evaporated milk
2 pounds chicken , skin removed, if desired

PREPARATION:
In a shallow bowl or pie plate, combine potato flakes,and 1/2 teaspoon salt.
Put milk in another bowl. Dip chicken pieces in the milk then coat with the potato mixture, pressing mixture in to coat thoroughly.
Arrange chicken in a 13x9-inch baking pan (skin side up if skin was not removed).
Bake in preheated 425° oven for 45 minutes, or until chicken is tender and juices run clear when pierced with a fork.

Serves 4.

## Cooking with commods

## NOTICE

The Cheyenne and Arapaho tribal offices will be closed on Friday, Sept. 25, 2009 in observance of National Indian Day.

## EATING well for DIABETES

*By Kristie Purdy, MA, RD/LD*
*C&A Diabetes Wellness Program*

### Raising Healthy Eaters

Raising kids to be healthy eaters can seem like a hard task. Kids are exposed to television, radio and the Internet, which advertises many snack and convenience food products. It's even hard to walk down an isle at the supermarket without seeing a product directly advertised to kids.

So how is it possible to get your kids to eat healthy with all the outside influences tempting them with other options?

It may not be easy to change your kids eating habits to healthier ones, but the reward of healthy eaters is a great one. Kids who eat healthy when they are young are more likely to eat healthy when they are an adult. It will also decrease their chances for obesity, heart disease, diabetes and other diseases to develop later on in life.

When trying to change kids eating habits, it is important to remember you cannot expect your kids to jump-in willingly. If you continue to keep fruits, vegetables, whole-grains, and other healthy food items around all the time, it will get much easier for the idea of healthy foods being foods which are good to eat.

Here are a few tips for raising healthy eaters:

You decide what and when your child will eat, they decide how much they will eat. Try to avoid telling your child to "clean their plate." Children are better able to regulate their own food intake when parents are less controlling about it. Children will eat what they need.

Offer your kids a small healthy snack every few hours. Kids have small tummies. It's OK for them to "graze" between meals.

Try to not use food (especially sweets, desserts, or soda) as a reward or bribe. Using food as a reward will only make the particular food you're offering more irresistible and more highly valued. You want to try and not raise the status of one food over another. Raising the status of certain foods can confuse a child's internal hunger and fullness cues. This may lead them to eat for comfort, even when they're not hungry. Instead of using food as a reward, try rewarding them with an activity such as going to the park instead.

When you go grocery shopping, try bringing your kids along and have them pick out the fruits and vegetables they want to eat. Kids are more likely to eat fruits and vegetables when they have a hand in picking them out.

If your child doesn't eat a food you give to them the first time. Don't give up! Offer the food to them again. It may take an average of 15 times of offering a food before your child will try it or eat it. Try to avoid labeling your child as disliking something. When they hear you saying they don't like something, they are more likely to never try it.

Turn off the TV during mealtime. When we watch TV or have other distractions such as reading while eating, it is easy to not pay attention to our hunger cues and keep eating even though we may be full.

Eat with your kids. Eating is a social activity. Try not to feed your kids separately. Family meals are where children learn table manners and social skills.

When choosing between fresh fruit or juice, fresh fruit is a better option. Children should only drink four to six ounces of juice per day. When children sip on juice all day they are filing-up their tummies, and they are less likely to eat food when they sit down for a meal. Too much juice can also contribute to tooth decay.

Have your kids cook with you. Kids are more likely to taste something they helped to create.

Help your kids to make healthy food choices by placing already-prepared fresh fruits and vegetables in an easy place for them to get to in the fridge.

Most importantly, be a good role model for your kids. If you have healthy eating habits your kids are more likely to eat things they see you eating, and less likely to eat things that you try and "make" them eat.

For additional information or questions concerning healthy eating, diabetes, or weight management, please contact the C-A Diabetes Wellness Program at (405)422-7688.

## Clinton elder care office hours change

*Submitted article*

The Clinton Elder Care office has changed its working days. Instead of being closed on Fridays as it has been since 2006, the Clinton Elder Care office will be closed on Mondays and will be open on Fridays. The hours open will remain the same, from 9 a.m. to 3:30 p.m., Tuesday through Friday. These hours will coincide with the days the Elderly Nutrition Program is open. This change will be effective Sept. 7, 2009.

## BRIEFS

**The 2009 American Indian Tourism Conference**
Sept. 20-23, 2009 at the Buffalo Thunder Resort in Santa Fe, N.M. For more information or to register visit www.aianta.org.

**Tribal Cultural and Historic Preservation: An Overview of Federal Laws for Protecting Sacred Lands, Artifacts and Graves**
Sept. 22-23, 2009 at the Doubletree Hotel in Albuquerque, N.M. For more information or to register visit www.falmouthinstitute.com.

**Gangs in Indian Country**
Sept. 22-24, 2009 at the Renaissance in Las Vegas, Nev. To register visit www.falmouthinstitute.com.

**Tribal Economic Development**
Sept. 24-25, 2009 at the Hyatt Regency in Phoenix, Ariz. For more information visit www.falmouthinstitute.com.

**Supervision and Management Skills-Leadership in the Tribal Workplace**
Sept. 24-25, 2009 at the Hyatt Regency in Phoenix, Ariz. To register visit www.falmouthinistute.com.

**The fourth annual Symposium for Sustainable Food and Seed Sovereignty**
Sept. 25-26, 2009 at the Institute of American Indian Arts in Santa Fe, N.M. For more information visit www.foodandseedconference.info or call Emigdio Ballon at (505) 955-7723.

**Save the Child/Save the Teenager-Academic Excellence Workshop**
Sept. 28-29, 2009 at the Hard Rock Hotel and Casino in Tulsa, Okla. For more information call (800) 458-807 or register at www.stcstt.com.

**Indian Housing Law**
Sept. 28-30, 2009 at the Tuscany in Las Vegas, Nev. Provides an analysis of federal housing law and regulations including NAHASDA, as they pertain to tribal housing programs. For more information or to register visit www.falmouthinstitute.com.

**The 2009 Symposium on American Indian Studies-American indian Studies in Context**
Oct. 1-2, 2009 at the NCED Conference Center and Hotel in Norman, Okla. Fore more information contact Dr. Jerry Bread (405) 325-5463.

**The 39th annual Conference of the International Society for Exploring Teaching and Learning**
Oct. 8-10, 2009 at the Radisson Warwick Hotel in Philadelphia, Pa. For more information call Sheila Wood at (310) 243-2203 or email swood@.csudh.edu. For proposal presentation contact Angela Brown (706) 548-8505.

**The 44th annual American Indian Arts Festival**
Oct.10-12, 2009 at the Rankokus Indian Reservation in Burlington County, N.J. For more information visit www.powhatan.org or call (609) 261-4747.

**National Congress of American Indians 66th annual Convention and Trade Show**
Oct.11-16, 2009 at the Palm Springs Convention Center in Palm Springs, Calif. For more information visit www.ncai.org.

**Editor's note:** *All 2009 Cheyenne and Arapaho candidates were invited to submit their platform information in the Aug. 15, 2009 issue. The invitation was posted in each issue since June 15, 2009 with a 250-word limit and Aug. 1, 2009 deadline. The Aug. 15 issue was selected since absentee ballots would be out to tribal members. Four candidates accepted the invitation, met the deadline and were featured in the Aug. 15, 2009 issue in a special section. Below are entries received after the deadlines, which have been edited to remain at or below the 250-word rule. The rule will give all candidates equal platform space. These platform submissions are not considered display ads.*

*The candidate(s) and/or the campaigns that choose to have display advertising in the tribune issues have paid for the space.*

# Ellis campaigns for C-2 legislator seat

For those who don't know me, my name is Clifton Ellis.

I am a father of four children - Rebekah (20), Francine (19), Clifton Jr. (16), and Elijah (12). I have been married to my wife Deborah (Seger) Ellis for 21 years. I am also a grandfather of one grandson - Cordell (9 mos.).

I received my Associate in Arts degree from Redlands Community College (El Reno) in 2000 and my Bachelor of Science degree from the University of Oklahoma in 2004.

Nine years in the Army brought out the skills in which God has bestowed on me. The skills include accomplishment of missions, bravery to stand up for people and their rights, loyalty to the cause, and discipline to follow orders.

As a servant of Cheyenne District-2, these skills will be used to honor the needs of the people and not mine.

In voting for me I will be able to sponsor ideas and represent the district in an honorable and professional manner.

My job as legislator will include helping the district in as many ways as possible. I am open to any ideas to improvement the district. This is the time to strengthen our government.

The people of C-2 have the strength for theses changes and I would be honored to serve you during these changes.

Thank you for your time and for considering me as your choice as Cheyenne District 2 legislator. For questions or comments my e-mail is cliff4c2@live.com or Web site is cliff4c2@webs.com.

*Clifton Ellis*

# Morton hopeful to represent A-2 District

Tous, Hinono'ei no!

(Hello, Blue Sky People!)

My name is Christine Morton and I am an enrolled member of the Cheyenne and Arapaho tribes. I am ¾ Arapaho and ¼ Cheyenne. My parents are the late Geraldine June Tallbull Morton (½ Arapaho, ½ Cheyenne) and Samuel Morton, Jr. (4/4 Arapaho).

I want our tribes to move forward and have open communication throughout our tribal government and with tribal members. If we don't communicate we can't progress.

Elected officials should concentrate on what voters want. Meetings should be conducted in a business like manner. We need leaders to compromise and work together.

People want more services for elders. I understand necessary cutbacks. I believe requirements for assistance may be modeled after DHS requirements – this is not a DHS program; requirements need to be less restrictive. Surveys or meetings can help find out what services are important and if some services aren't needed, then revise the budget. Give elders a chance to voice concerns.

People want more jobs for their communities. We have educated, hard-working, experienced tribal members. Let's recognize these people and put them to work.

I will work with the other district representatives to improve services and concentrate on real issues. There are priorities such as health disparities, alcohol and substance abuse, unemployment, transportation, etc. I look forward to visiting with constituents and feel confident I can do my part representing the A-2 District and the tribes.

I would appreciate your support and vote. Hahou! (Thank You!), Christine Morton

*Christine Morton*

# Sweezy's platform focuses on culture, education

Progress by culture, education.

Greetings Cheyenne and Arapaho citizens,

I would like to introduce myself to the citizens of the Cheyenne and Arapaho tribes' Arapaho District Two and my campaign.

As an enrolled citizen of the tribes, I am from the Southern Arapaho people, which I am half Arapaho and half Dine'.

My parents are Roderick and Angela Sweezy of Greenfield, Okla. and second oldest of my siblings.

I am also a member of the Native American Church of the Arapaho Chapter.

I graduated third of 36 at Geary High School in May 2002.

I have attended a number of colleges, most notably, the University of Oklahoma from August 2002 to May 2006, double majoring in business administration and Native American studies; however, I have not yet completed my degree.

Currently I am serving in the role of acting licensing supervisor of the Cheyenne and Arapaho Gaming Commission. I have been employed at the Gaming Commission since May 2008, and have been making strides towards effective gaming regulations.

As legislator, I feel the tribes should re-invest in the people and strive to move forward with the knowledge and wisdom of our values and history. Progress by culture and education.

If we continue to use these teachings, these underlying foundations, and apply them to our form of government, there is unlimited growth and potential for the future of our people, the Arapaho's and our allies the Cheyenne's.

*Kendrick Sweezy*

Respectfully, Kendrick Sweezy, A-2 candidate

# First EMS narrative report

*Submitted article*

The Cheyenne and Arapaho Tribes Emergency Medical Service (EMS) program currently has 16 employees, full time and on call combined. They are as follows;

Full time; Richard Miller/EMS director/RN/Critical Care paramedic/EMS instructor/American Heart Association Regional faculty, Wilma Redbird/administrative assistant/First Responder, Dawn LaFerr/EMT-Paramedic/Materials manager, Estes Pat Sherwood/EMT-Paramedic/Quality Assurance Infectious Control officer, Robert Stephens/Critical Care Paramedic/Education and Training Officer, Norma Baccus/EMT-Intermediate, Chris Dew/EMT-Paramedic, Anna Scheffler/EMT-Intermediate, Daniel Hibbert/EMT-Intermediate, Steve Reed/EMT-Intermediate, On Call; Melody Denton/EMT-Paramedic, T.J. Krausse/EMT-Paramedic, Perry Scheffler/EMT-Paramedic, Timothy Mack/EMT-Basic, Anthony Peachy/EMT-Basic, Greg Black/EMT-Paramedic.

We have had a very good and active year the first six months of this year. We are averaging 30 calls a month and have increased our revenue income without costing the tribal members or any of the Native Americans we transport.

Even with our increased revenues we continue to have difficulty attaining enough funds from the tribe to cover our operational costs or to cover the cost of any plans for future expansion into the Cheyenne and Arapaho tribes jurisdiction.

We have applied for and received grant funds to supplement our operational equipment cost however; there have not been any identifiable renewable grants for salary related operational expenses. Without the support of the Tribal Health Board and the Tribal Tax Commission this year and previous years we would not have been able to continue operations.

We are continuing our efforts to build an ambulance fleet, with very little or no cost to our program, through resources I have searched for and identified. We have received four vehicles from this resource and have been able to fund maintenance, detailing and equipping of two of these vehicles (ambulances) and place them in operations this year and hope to continue to increase the size of our operational fleet (at little or no cost) as we work to expand our EMS program to cover the Cheyenne and Arapaho tribes jurisdiction.

We have trained several staff members to be able to teach a wide range of classes ranging from CPR to highly advanced medical courses. We have trained over a one hundred people in 2009 in CPR and first aid so far and hope to continue that trend for the remainder of the year. Our EMS staff has attended and held multiple advanced level courses to increase the level of care we provide to our patients/clients. As the director of the EMS program my duties have multiplied with the increase of requirements by the federal and state governments for disaster preparedness as it relates to EMS. I and EMS staff have attended multiple training and educations classes in efforts to expand and improve The Cheyenne and Arapaho tribes EMS program include the following; Attended Training for OKEMSIS state EMS ticket submission (Image Trend); Attended Tribal Hazard Mitigation Meeting in Concho; Met with Tribal EMS finance accountant to discuss 2009 budget; Attended Inter Tribal Emergency Management Coalition (ITEMC) meeting at Fire Lake Grand Casino to discuss ITMEC business and the 2009 Summit; Attended Southwest Emergency Management Conference in Chickasha; Picked up Cheyenne and Arapaho tribes

*See EMS, page 8*

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# CALENDAR of Events

**Horseman's Assocation meeting**

At 6 p.m. Sept. 15, 2009 at the Concho tribal complex large conference room. Refreshments will be served. Election of a committee to oversee the resurrected Cheyenne and Arapaho Horseman's Association. For more information call Curtis Levi at (405) 388-9136.

**Oklahoma Indian Summer**

Sept. 18-20, 2009 at the community center in Bartlesville, Okla. Annual festival celebrates Native American culture, arts, crafts, juried art show, intertribal powwows and contests, traditional craftmaking and demonstrations. For more information call (918) 331-0934.

**Ralph Kotay Memorial Powwow**

Sept. 19, 2009 at the Comanche Community Building in Apache, Okla. Indian church hymn singing 10 a.m. – noon. Cedar ceremony 1 p.m. Gourd dance 2-5 p.m. Dinner 5 p.m. Gourd dance after supper until 7 p.m. Social dance: 7-11 p.m. All organizations and princesses welcome. For more information call Karen Starr at (580) 678-4616.

**Honoring the Four Winds powwow**

Sept. 19, 2009 at the Federal Correctional Institution in El Reno. For more information, call Chaplain Taylor at (405) 262-4875.

**Ghost Tours**

Sept. 19, 2009 at Fort Reno in El Reno, Okla. Tour of historic areas with ghost stories and demonstrations by paranormal studies groups. For more information call (405) 262-3987.

**Lunch & Learn**

From 12:15 p.m. to 1 p.m. Sept. 22, 2009 at the fitness center in Concho, Okla. Topic: Digestion and tubing training for the lower body. Taught by Diabetes Wellness staff.

**Comanche Nation Higher Education Third annual Golf Benefit**

Sept. 25, 2009 at Fort Cobb State Park Golf Course. Held in memory of Dorothy Sunrise Lorentino, "first and only Native American to be inducted into the National Teachers Hall of Fame. In 1918 her landmark case allowed Native American students to attend Oklahoma Public Schools." For more information, call (580) 492-3363 or email martinam@comanchenation.com.

**Oklahoma Wildlife Expo**

Sept. 25-27, 2009 at the Lazy E. Arena in Guthrie, Okla. Exhibits, seminars and workshops centering on wildlife and outdoor life activities. For more information call (405) 522-6279.

**Roman Nose Hills Trail Ride**

Sept. 25-27, 2009 at the Roman Nose State Park in Watonga, Okla. A weekend of horseback riding, camping and entertainment for horse owners. For more information call (877) 782-2395.

**Tanya Michelle Orange-Yahola memorial Dance**

Sept. 26, 2009 at the Concho Community Center in Concho, Okla. Gourd dancing 2 p.m., dinner 5:30 p.m. and dance 7 p.m. Winner take all in $500 men's grass dance and women's traditional cloth dress dance. For more information, call Vera E. Franklin at (405) 923-0424.

**Cherokee Games: Stickball and Chunkey**

Sept. 26, 2009 at the Cherokee Heritage Center in Tahlequah, Okla. Athletes will compete for cash awrds. For more information call (580) 456-6007.

**Mayanna Takiowa Narcomey First Birthday dance**

Sept. 19, 2009 Concho Community Hall in Concho, Okla. For more information, call (405) 604-0706.

**Juanita "Janie" Wilson Memorial Dance**

Sept. 19, 2009 Custer County Fiargrounds, Clinton, Okla. Meal served at noon. No give-a-ways..

**The 18th annual Comanche Nation Fair**

Sept. 25-27, 2009 at the Comanche Nation complex, 584 Bingo Road, Lawton, Okla. For more information, call (580) 357-6545. Performance by OIT on Sept. 26, 2009.

**The 16th annual Standing Bear powwow**

Sept. 25-26, 2009 at the Standing Bear powwow grounds in Ponca City, Okla. For more information, call (580) 762-1514.

**OU 2009 Symposium on American Indian Studies**

Oct. 1-2, 2009 at the NCED Conference Center/Hotel in Norman, Okla. For more information, call Dr. Jerry Bread at (405) 325-5463.

**United Keetoowah Band Celebration**

Oct. 2-3, 2009 at the UKB tribal grounds in Tahlequah, Okla. Featuring Native American music, parade and hog fry. For more information call (918) 456-6533.

**Honobia Bigfoot Fall Festival**

Oct. 2-3, 2009 at the Christ Forty Acres in Honobia, Okla. Bigfoot stories, arts, crafts, live music, wagon rides and food. For more information call (981) 567-3434 or visit www.bigfootfestival.info.

**OSU 2009 fall contest powwow**

Oct. 3, 2009 at the Payne County Fairgrounds in Stillwater, Okla. For more information, call (405) 744-0401.

**Fort Sill Indian School annual reunion**

Oct. 9-10, 2009 in the F.S.I.S. campus gym in Lawton, Okla. F.S.I.S. veterans or family, send name, service dates, pictures, … to Richard Bread, P.O. Box 725, Apache, OK 73006. For more information, call Richard and Pat Bread (580) 588-2579.

**Haskell Alumni Association of Oklahoma reunion**

Oct. 9-11, 2009 at Radisson Inn, 10918 E. 41st Street (near Garnett and 41st) Tulsa, Okla. For more information about the annual event, call (918) 948-2505.

# September is Go Healthy Month

*Submitted article*

For the first time in history one-third of the current generations of American Indian children are expected to live shorter lives than their parents?

In the past one to two generations, obesity has become a major health problem among American Indians and is believed to be associated with the relative abundance of high-fat foods and the rapid change from active to sedentary lifestyles.

One-third of American Indian children are considered obese.

The high prevalence of diabetes mellitus in American Indians shows the adverse effects that obesity has on communities.

Because of the alarming obesity rates and the health risks the Alliance for a Healthier Generation, founded by the American Heart Association and the William J. Clinton Foundation, is empowering youth to join the fight against childhood obesity and to celebrate Go Healthy Month.

The empowerME movement will kick off national activities and reach out this month to expand and inspire even more tweens and teens to eat better, move more and wipe out America's obesity epidemic.

Tweens and teens are asked to join the empowerME movement, inspire with their story, and attend or organize a Go Healthy Month event in their community throughout the year.

For more information, visit http://www.empowerme2b.org

## EMS

*Continued from page 7*

EMS Region 1 Bantam Mass Casualty Response Trailer in OKC (applied for and received entirely through grant funds); Met with Tribal Emergency Management staff; Attended Local Area Planning Committee meetings; Attended Emergency Management Conferences; Attended Tribal Health Board Meeting; Attended American Heart Association Regional Faculty Meeting in OKC; Attended Tribal Health Programs Strategic Planning three day meeting in OKC; Met with Western Technology Center Burns Flat, Ok to assist them in their American Heart Association; Training Center Requirements and to cultivate a working relationship for future EMT training; Met with Medtronic/PhysioControl for training and information on the LifePak 12 and 15; Attended Oklahoma Emergency Management Day at the State Capitol; Attended Capnography training; Met with Tribal officials to discuss the Tribal Hazard Mitigation Plan and Grant; Attended EMS-C Pediatric Symposium in OKC; Attended Legislative day for EMS at the State Capitol; Met with the community of Hinton and 522 Sugar Creek district to discuss The Cheyenne and Arapaho Tribes EMS operating the EMS for their area; Met with the State representative for Region 1 emergency medical response to discuss MOU's with the tribe; Met with several tribal and other officials on IASAP program and grant; Attended RTAB (Regional Trauma Advisory Board) and RMPG (Regional Medical Planning Group) meeting in Woodward for region 1; Attended Ambulance Strike Team training for the MCRT (Mass Casualty Response Trailer) the Cheyenne and Arapaho Tribes EMS received for region 1; Met

*See EMS, page 12*

## store

*Continued from page 1*

sued the restaurant, and now that the store is operating smoothly the tribe's have made plans to open the restaurant sometime this fall," Linda Big Soldier, Cheyenne and Arapaho tribes' Economic Development director, said.

The Calumet Grocery Store is open Monday through Saturday from 7 a.m. to 7 p.m. For weekly specials or directions call Penner at (405) 893-2622.

**Diana Snider Recipes**

*All ingredients can be found at the Calumet Grocery Store*

**Dump Cake**

1 large can crushed pineapple, 1 large can cherry pie filling (can substitute apple, blue berry, etc.), 1 box of yellow cake mix, margarine

In an oblong pan pour pineapple and cherry pie filling spreading to cover the entire pan. Next sprinkle DRY cake mix over pineapple and cherry mixture. Place thinly sliced margarine strips across top of cake mix. Place in oven, bake one hour at 350 degrees.

**Diabetes Dream Cake**

1 box angle food cake mix
1 large can crush pineapple

Mix angle food cake and pineapple together. Pour into cake pan, bake at 350 degrees until done.

**In Loving Memory of Daniel Whiteman, Sr.**
**01/11/1950 – 09/06/2002**
**and all friends and family who have passed on**

*If Tomorrow Starts Without Me*
*Author Unknown*

"If tomorrow starts without me, and I'm not there to see,
If the sun should rise and find your eyes all filled with tears for me; I wish so much you wouldn't cry the way you did today, While thinking of the many things, we didn't get to say.
I know how much you love me, as much as I love you,
And each time that you think of me, I know you'll miss me too; But when tomorrow starts without me, please try to understand, That an angel came and called my name, and took me by the hand, and said my place was ready, in heaven far above,
and that I'd have to leave behind all those I dearly love.
But as I turned to walk away, a tear fell from my eye,
For all my life, I'd always thought, I didn't want to die.
I had so much to live for, so much left yet to do,
It seemed almost impossible, that I was leaving you.
I thought of all that we shared, and all the fun we had.
If I could relive yesterday, just even for a while,
I'd say good-bye and kiss you and maybe see you smile.
But then I fully realized, that this could never be,
For emptiness and memories, would take the place of me.
And when I thought of worldly things, I might miss come tomorrow, I thought of you, and when I did, my heart was filled with sorrow. But when I walked through heaven's gates, I felt so much at home. When God looked down and smiled at me, from his great golden throne, He said, 'This is eternity and all I've promised you.' Today your life on earth is past, but here life starts anew.I promise no tomorrow, but today will always last, And since each day is the same way, there's no longing for the past. So when tomorrow starts without me, don't think we're far apart, For every time you think of me, I'm right here, in your heart."

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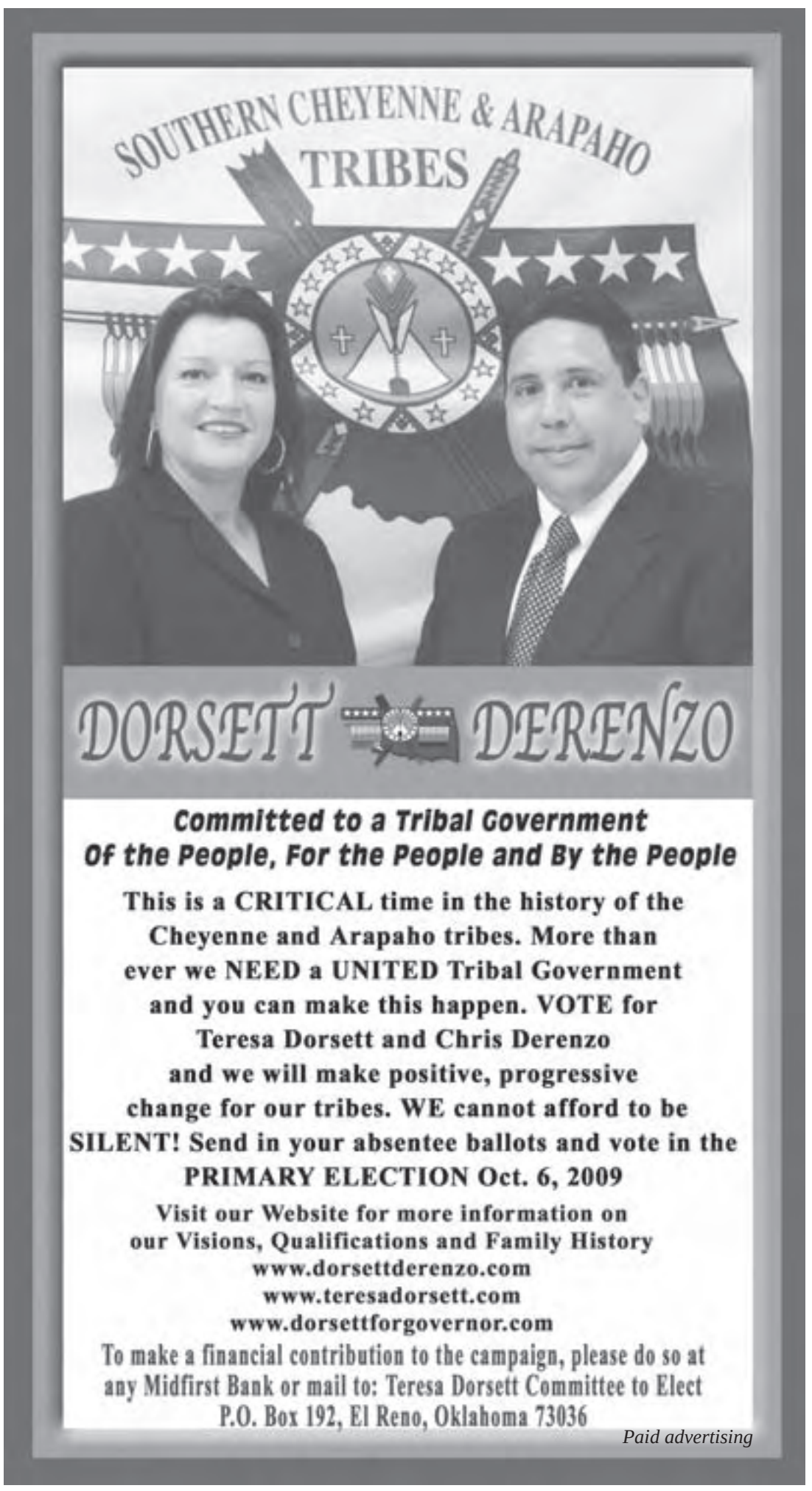
## Native Notables

*Photo by Dana Attocknie*

George "Comanche Boy" Tahdooahnippah claimed a first round knock out against Chris "Sugar" Ray on Aug. 25, 2009 at Remington Park Casino in Oklahoma City.

The victory puts Comanche Boy's record at 20-0.

His next match is Oct. 2, 2009 at First Councils Casino in Newkirk, Okla.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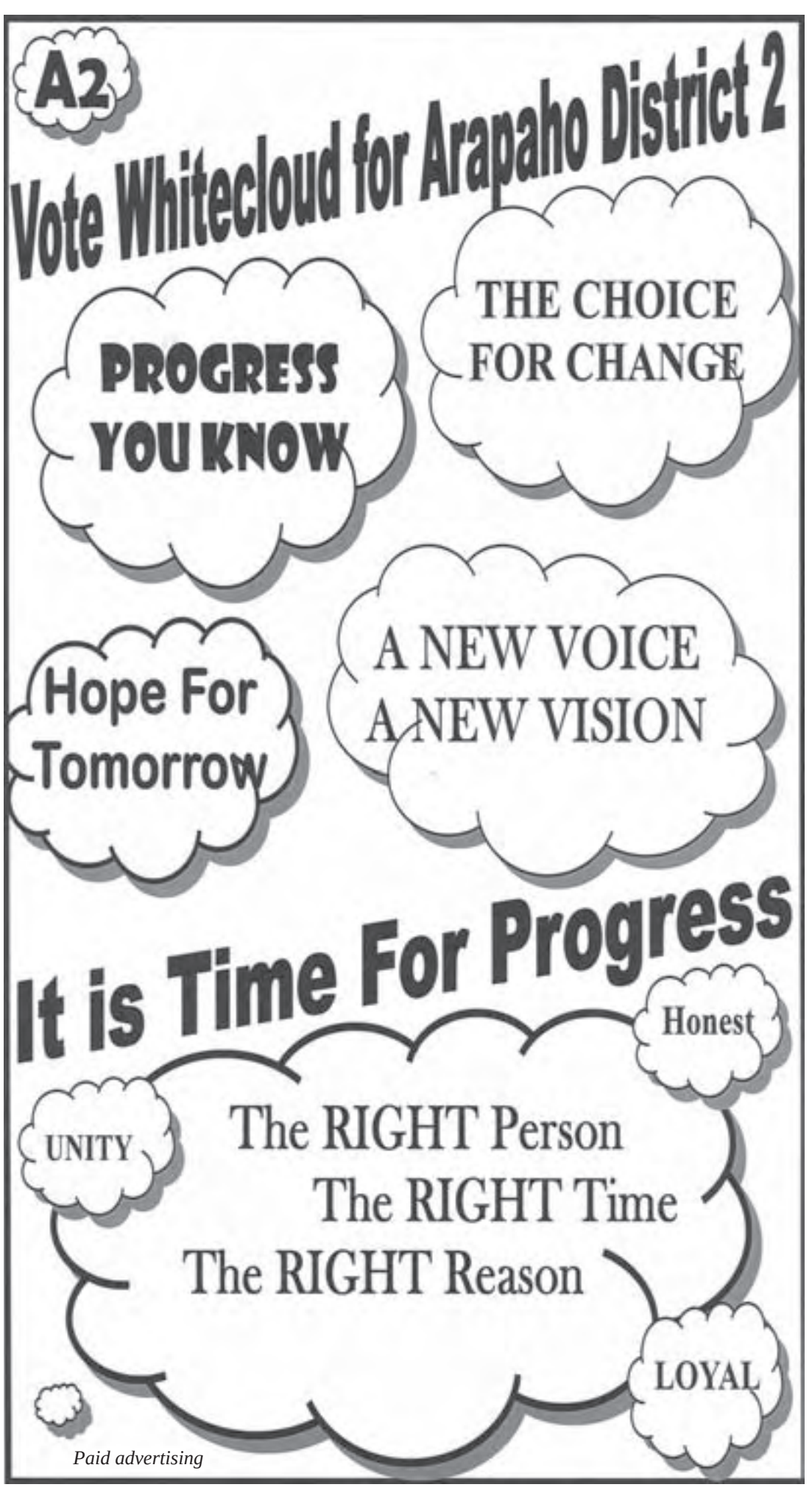

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# Lumpmouth family reunion

*Submitted article*

The 2009 Lumpmouth Family Reunion was held Aug. 29, 2009 at the Canton Community Center to coincide with the Cheyenne and Arapaho tribes veterans powwow.

The last remaining grandchild of Lumpmouth and his four wives, Doty Lumpmouth, was selected by Richard Williams to serve as the Honored Veteran at the powwow.

The event was organized by Julie Yellowhair. Many thanks to Charles Surveyor for coming to our rescue!

A delicious meal was served and photos and memories were shared by everyone.

The invocation was given by Julie Yellowhair. Descendants of Lumpmouth's children, Custer, Homer, Doty, and Yellow Hair were present.

*Doty Lumpmouth receiving his Oldest Descendant In Attendance award.*

*Aden Lumpmouth Sam receiving his Youngest Descendant In Attendance award.*

Every Lumpmouth descendant introduced themselves and who they brought with them. Door prizes were provided by Julie Yellowhair, see3tei Nowlin, Carlene Beach and the Cheyenne and Arapaho tribes Culture and Heritage program.

Winning awards were: Doty Lumpmouth, 89 years young, was the 'Oldest Descendant In Attendance'; Aden Lumpmouth Sam, 1 year old, was the 'Youngest Descendant in Attendance'; the Tate Lumpmouth (wife of the late Truman Lumpmouth) family received the 'Traveled the Farthest' award for coming 2000 miles to attend and Jim Bish married for 38 years to Doris Marybelle Nowlin received the 'Ball and Chain' award for putting up with his Lumpmouth Descendant the longest.

Only a small fraction of the Lumpmouth family were in attendance: J. Margaret Lumpmouth, Margaret Lumpmouth, Jr. and Nicholas Northrup of Albuquerque N.M.; Ida Carlene (Nowlin) and Bob Beach of Lafayette, La; Doty Lumpmouth of Phillips Wis; Doris, Jim, Tayla, Alyssa and Kaylee Bish of Anadarko, Okla.; Alan Byrne of Colony, Okla.; Glen Shafer of Phoenix, Ariz.: Edna (Black) and Frank Miller of Hitchcock; Van Black of Denver, Colo.; Ruby Tiger of Shawnee, Okla.; Rupert Nowlin of Colony, Okla.; Delores "Dee" (Lumpmouth) Shafer of Apache Junction, Ariz.; Solomon Hancock of El Reno, Okla.; Victoria, George, Bryce and Greg Walker of El Reno, Okla.; Nakayla Lumpmouth, Miklyn Lumpmouth, Aden Lumpmouth Sam and Anthony Sam, Jr. of El Reno, Okla.; Donna Kay (Tiger) Littlehead, Dixon Tiger, and Elaine Tiger of Shawnee, Okla.; Julie (Yellowhair) Cox of Clinton, Okla.; Felicia Bennett, Trudy Bennett, Delmer Whitefoot, and Mitchell Whitefoot, Jr. of Pauls Valley, Okla.; Tate Lumpmouth, Kim LeClaire, Valene Wheeler, Alan LeClaire, Lyndreth LeClaire and Samuel Le Claire of Warm Springs, Ore.; John Green of Canton, Okla.; Bertha Lamebull, Carrie Lamebull and Taos Sankey of El Reno, Okla.; Nicole Black, Minnie Soap, Sally Black, Albert Black, Adelia Owens, Diamond Sky Owens, Marc Bennett and Mary Elledge of El Reno, Okla.; Russell Keith Lumpmouth and Jamie Norris of El Reno, Okla.; Jim Black Sr, Corliss Black and Jim Black, Jr. of Canton, Okla.; Lola Jean (Black) Robinson and Rachel Tuma of Watonga, Okla.; Myra Gould Green and Tosha Deason of Canton, Okla. and see3tei Nowlin of Colony America.

Organizers for the next reunion are Margaret Lumpmouth Jr, J Margaret Lumpmouth, Doty Lumpmouth, Dee Shafer, George Walker, Nicole Black, Jimmie Black, Jr. and Myra Green. All inquiries should be directed to these individuals.

*The Tate Lumpmouth Family receiving their award for Travelling the Farthest.*

*Jim Bish receiving his hard-earned 'Ball and Chain' award.*

*Lumpmouth descendants who have served as Arapaho Tribal Princesses were recognized. Dee Shafer, 1959 and 1960 Arapaho Tribal Princess shows Kaylee Bish, 2008 Arapaho Tribal Princess, she still has her princess wave down.*

Courtesy photos

*The Glenn and Rhoda Lumpmouth Family members present gathered for a photo: Ruby Tiger, Dee Shafer, Bertha Lamebull, Tate Lumpmouth and Solomon Hancock.*

# Nowlin family reunion

*Submitted article*

The descendants of Keg and Boog Nowlin had their family reunion on Sept. 6, 2009 at the Colony Community Building. Keg was married to Mary Nita Lumpmouth for 51 years and they had seven children.

Boog was married to Imogene Stone for 22 years and they had six children. Kaylee Bish served as Mistress of Ceremonies and Alyssa Bish as scorekeeper for the games that were held.

Family members divided into three teams: Quackers, Beepers and Honkies. The Honkies blew away the competition at every game. The Honkies were comprised of Jan Saal, Phil Saal, Rupert Nowlin, Jim Paris, Julie Paris, Kevin Lee and Belle Bish. This year's event was planned by Jamie Bish. The next reunion will be organized by Julie, Jennifer and Leslie Paris and Don R Nowlin.

In attendance were: John and LeeAnn Nowlin of Kingfisher, Okla.; Phil and Jan Saal of El Cajon, Calif; Blaine Nauman, Alicia and Landon Rempe of Kingfisher, Okla.; Don R. Nowlin of Thomas, Okla.; Jamie and Kaylee Bish of Anadarko, Okla.; Belle and Jim Bish of Anadarko, Okla.; see3tei Nowlin of Colony, Okla.; JR, Shaneeka, Alyssa and Tayla Bish of Anadarko, Okla.; Rupert Nowlin of Colony, Okla.; Alan Byrne of Colony, Okla.; Julie, Jim, Tyler, AJ and Brooke Paris of Seiling, Okla.; Jennifer Paris and Andreya Worthington of Stillwater, Okla.; Tom and Doneeta Nowlin of Newcastle, Okla.; Carlene and Bob Beach of Lafayette La.; Lacey and Dante Rubersters of Kingfisher, Okla.; Leslie and Aiden Paris of Seiling, Okla.; Marissa Lee of Seiling, Okla. and Kevin Lee of Woodward, Okla.

Courtesy photos

*Doneeta Nowlin, Tom Nowlin, Kaylee Bish, Jim Bish, Alan Byrne, Bob Beach, John Nowlin, Don R Nowlin, Jan Saal, Jamie Bish, Lacey Rubersters and Belle Bish with Dante Rubersters and Blaine Nauman in the foreground.*

*Alyssa Bish, Rupert Ferd Nowlin and Phil Saal.*

*Aiden James Paris, 3 months old, won the Youngest Descendant in Attendance Award; Belle Bish won the Most Spirit Award (judging was by a biased judge); Doneeta Nowlin won the Ball and Chain Award for enduring 39 years of marriage to Tom Nowlin; and Carlene Beach, 62 years old, won Oldest Descendant In Attendance and Descendant Who Travelled the Farthest (700 miles).*

# high risk

*Continued from page 1*

"The fact that in the past the financial system, the whole accounting system was so loose, that it disturbed the Bureau of Indian Affairs (BIA) and all government agencies ... it alarmed them to a high degree (and) put us in a very risky status."

In addition, the BIA made the tribes aware of eight items that needed to be corrected in order for the tribes to be removed from the high risk status.

The eight items are as follows:

1) Resolve the $2, 755, 758 deferred revenue issue.

2) Submit all delinquent deliverables required by the contracts.

3) Closeout all contracts that have expired.

4) Resolve all outstanding advances to former and current business committee members and employees.

5) Have a separate bank account for bureau contracts.

6) Annual audits should be completed as required by the Single Audit Act.

7) Adherence to No. 1 under special conditions – all drawdowns requested under the P-638 payment request must submit documentation as stated.

8) Provide the bureau with a copy of the most current approved management systems manuals.

West said the BIA placed the tribes on high risk, "because prior Business Committees failed to complete annual audits, co-mingled federal and tribal funds, failed to comply with basic federal monies to be spent on unauthorized tribal functions."

In a July 9, 2009 letter to the regional director of the BIA Southern Plains Regional Office, Cheyenne and Arapaho tribes Gov. Darrell Flyingman stated, "The tribes are pleased to announce that with the completion of our 2007 audit, all of the eight corrective actions have been met. In addition, we have established a professional and stable accounting function at the tribes, and are committed to executing this function with regard to all applicable rules, regulations and internal control guidelines. We anticipate your timely re-evaluation and re-determination of the tribes' high risk status in the near future."

The BIA Southern Plains Regional Director Dan Deerinwater responded to Flyingman's letter on Aug. 24, 2009 confirming the tribes met all the requirements "to be removed from the high risk contractor/grantee status."

"As such, the special conditions that were imposed upon the tribes are now lifted," Deerinwater stated. "Although the high risk designation may have, at times, negatively affected the tribes ability to conduct business with some federal, state, local, and other tribal entities for the past 13 years, we want to commend the tribe for the hard work and dedication of current and previous employees and tribal leaders who have worked very hard over the years toward removal of this high risk status."

As stated in the BIA confirmation letter, the BIA comment and corrective measures taken for each of the eight items listed above are as follows:

1) Comment: Completed. The issue was resolved through the Interior Board of Contract Appeals.

2) Comment: Completed. Since the high risk designation, the tribe has been routinely submitting most of the contract required deliverables in accordance with submission due dates.

3) Comment: Completed. All prior year contracts have officially been closed out.

4) Comment: Completed.

5) Comment: Completed. The tribe has been operating BIA programs utilizing the same bank account for several years now. The finance system has allowed for accountability of expenditures for contracts/grants that is acceptable to meet the requirements of the law.

6) Comment: Completed. With the recent submission of the tribes YE Dec. 31, 2007 Single Audit, the tribe is in compliance. The YE Dec. 31, 2008 Single Audit is due by Sept. 30, 2009.

7) Comment: Completed. The tribe has been submitted necessary and required documentation to justify expenditure of BIA funding in accordance with the special conditions. Although, there are a couple programs who frequently disregard the management systems and fail to submit invoices for payment in a timely manner.

8) Comment: Completed. The tribe has submitted updated management system policies, however, there is confusion as to whether the requirement that they must be approved by the tribal council has not been resolved. When the bureau conducts on-site monitoring reviews of BIA contracts/grants, we will utilize the most current approved management systems that are properly approved and authorized in accordance with the constitution. This is a matter that must be resolved to insure all programs are in compliance with the appropriate and properly authorized management system policies.

During the 13 years the tribes were listed as high status, a handful of grants were applied for and denied. Some of the grants were for/or to water rights, Indian Health Service, Administration for Native Americans, tribal management and codification.

*See high risk, page 10*

# VA's Suicide Prevention Program adds chat service

(WASHINGTON, D.C.) – The Suicide Prevention campaign of the Department of Veterans Affairs (VA) is expanding its outreach to all Veterans by piloting an online, one-to-one "chat service" for Veterans who prefer reaching out for assistance using the Internet.

Called "Veterans Chat," the new service enables Veterans, their families and friends to go online where they can anonymously chat with a trained VA counselor. If a "chatter" is determined to be in a crisis, the counselor can take immediate steps to transfer the person to the VA Suicide Prevention Hotline, where further counseling and referral services are provided and crisis intervention steps can be taken.

"This online feature is intended to reach out to all Veterans who may or may not be enrolled in the VA health care system and provide them with online access to the Suicide Prevention Lifeline," said Dr. Gerald Cross, VA's Acting Under Secretary for Health. "It is meant to provide Veterans with an anonymous way to access VA's suicide prevention services."

Veterans, family members or friends can access Veterans Chat through the suicide prevention Web site www.suicidepreventionlifeline.org. There is a Veterans tab on the left-hand side of the website that will take them directly to Veteran resource information. On this page, they can see the Hotline number (1-800-273-TALK), and click on the Veterans Chat tab on the right side of the Web page to enter.

Veterans retain anonymity by entering whatever names they choose once they enter the one-on-one chat. They are then joined by a counselor who is trained to provide information and respond to the requests and concerns of the caller.

If the counselor decides the caller is in a crisis, the counselor will encourage the Veteran to call the Suicide Prevention Hotline, where a trained suicide prevention counselor will determine whether crisis intervention techniques are required.

The pilot program, which has been in operation since July 3, has already had positive results. In one instance, the online counselor determined that a Veteran in the chat required immediate assistance. The counselor convinced the Veteran to provide the counselor with a home telephone number and then remained in the chat room with the Veteran while the hotline staff called the number and talked to the Veteran's mother.

The hotline counselor worked with the Veteran's mother to convince the Veteran to be admitted to a medical facility for further treatment.

"The chat line is not intended to be a crisis response line," said Dr. Janet Kemp, VA's National Suicide Prevention Coordinator at the VA medical center in Canandaigua, N.Y., where VA's trained counselors staff the chat line from 4 p.m. to 11 p.m. VA's suicide prevention hotline is staffed 24 hours a day, seven day a week.

"Chat responders are trained in an intervention method specifically developed for the chat line to assist people with emotional distress and concerns," Kemp said. "We have procedures they can use to transfer chatters in crisis to the hotline for more immediate assistance."

Both Veterans Chat and the VA's Suicide Prevention Hotline have been established under the National Suicide Prevention Lifeline, which was established through collaboration between VA and the Substance Abuse and Mental Health Services Administration (SAMHSA) of the Department of Health and Human Services.

Since becoming operational in July 2007, VA's Suicide Prevention Hotline has received more than 150,000 calls, resulting in 4,000 rescues.

# Oklahoma City Golf, Country Club to host 14th annual Allie Reynolds Memorial Red Earth Golf Tournament

(OKLAHOMA CITY) - The Oklahoma City Golf & Country Club is the site of the 14th annual Allie Reynolds Memorial Red Earth Golf Tournament to benefit year-round programming of the Red Earth Museum and annual Festival in Oklahoma City.

The golf tournament, one of only six charity tournaments held at the club each year, is scheduled Monday, Oct. 26, 2009. The tournament is a fitting tribute to Muscogee (Creek) Indian and Oklahoma native Allie Pierce Reynolds, one of the founding fathers of the Red Earth Festival.

Reynolds is remembered as of major league baseball's most feared pitchers of the 1940s and 1950s. The Red Earth tournament features five-member teams in 18 holes of scramble golf.

A limited number of team sponsorships and individual player spots are available by calling (405) 427-5228 or visiting www.redearth.org.

Participants receive lunch on the famed course designed by golf course architect Perry Maxwell. The course is known for its gentle rolling terrain, lakes, creeks, bunkers and deceptive greens. Prizes will be awarded for longest drive and closest to the pin. A post tournament awards presentation will follow the event.

Allie Reynolds was a Muscogee (Creek) Indian from Bethany, Okla. with legendary accomplishments. As a six-time Major League All-Star, Reynolds appeared in 15 World Series games. He was named "Player of the Year" in 1951 and the Sid Mercer Memorial Award was formally presented to Reynolds in 1952, just one day after he received the Hickok Award as the "Outstanding Professional Athlete of the Year." Co-chairwomen of the 14th Annual Allie Reynolds Memorial Red Earth Golf Tournament are Red Earth Board member, Bobbye Kay Reynolds Ferguson and Stacey Peterson.

Registrations for individual players are $250, and five-member teams are $1,500. Tee sponsorships are also available.

Red Earth, Inc is a non-profit 501 (c)3 organization that promotes and presents the rich traditions of American Indian arts and cultures through educational programs, the annual Red Earth Native American Cultural Festival and the Red Earth Museum located at Science Museum Oklahoma in Oklahoma City.

# Winter schedule announced at Washita Battlefield National Historic Site

*Submitted article*

The lazy, crazy, hazy days of summer are drawing to a close; teachers and kids are going back to school and Washita Battlefield National Historic Site is preparing for fall.

At the moment, the park is in the early stages of planning for activities and speakers to commemorate the 141st anniversary of the event.

Beginning the weekend of Sept. 12 -13, 2009 park rangers will be on duty at the park's overlook west of Cheyenne.

Each Saturday and Sunday at 9, 10, and 11 a.m. and 2, 3, and 4 p.m. the rangers will be giving interpretive talks about the site's history.

Rangers will continue to be available on a daily basis for tours of the site. Call (580) 497-2742 about two weeks in advance to make reservations. School groups are especially welcome.

Remember to include the size of the group visiting and note any special needs or requests for members of the group.

# Recognizing the passing of Sen. Edward Kennedy

*Submitted article*

The National Indian Education Association extends our deepest condolences to the family and colleagues of Sen. Edward Kennedy.

A tireless champion of education and opportunity for all people, Kennedy was a powerful advocate for the education of Native American children, always seeking ways to ensure that the U.S. government honored its legal, moral, and ethical obligations to Native American communities.

As chairman of the Senate subcommittee on Indian Education, Kennedy oversaw the 1969 special report Indian Education: A National Tragedy — A National Challenge, calling for accountability for the failures of the federal government in Indian education, advocating for increased Native American control, and leading to the establishment of the Office of Indian Education under the U.S. Department of Education.

His integral role in the passage of the Indian Education Act of 1972 paved the way for greater Native American self-determination in education, a goal he continually supported and affirmed through multiple pieces of legislation and policy, including the 1978 Tribally Controlled College and University Assistance Act.

Over the years, Kennedy always made the needs of Native American students a top priority and responsibility; his door always open to tribal delegations, Native American organizations, and Native American people themselves.

And while his legacy of service and support for Native American communities will be profoundly missed, the greatest legacy that Kennedy leaves us is our inheritance of his work in building a better future for Native American children across generations.

We share our deepest gratitude and sincerest grief in marking the passing of this extraordinary leader, advocate, and person.

"Clearly, effective education lies at the heart of any lasting solution. And that education should no longer be one which assumes that cultural differences mean cultural inferiority," stated the late Sen. Edward Kennedy, in his Foreword to Indian Education titled A National Tragedy — A National Challenge, in 1969.

## high risk

*Continued from page 9*

"It got to the point where we didn't apply because these agencies were denying us," Denise Blackowl, Cheyenne and Arapaho tribes compliance officer, said. "When an agency refused us, we didn't bother to apply."

Blackowl said having a high risk status is not something to be proud of, and on average the tribes submit near a dozen grant applications a year.

West said it all comes down to management, and when he began working for the tribes in March 2007 he worked hard to get the accounting system in shape, hire qualified staff, completed audits and got the indirect costs up to date.

"Since 2006, when Gov. (Darrell) Flyingman was elected to office, the tribes new treasury department has taken the following steps to get the tribes off high risk status: Completed all past due annual financial audits, established separate bank accounts for federal grants and contracts, stopped the practice of co-mingling federal and tribal funds, hired effective and competent accounting personnel, and obtained a current federal indirect cost rate," West said. "With the help of the tribes Department of Treasury, the administration has successfully brought the tribes back in compliance with the federal requirements for receiving our full share of federal funds."

According to Connie Fox with the BIA, it's not common for tribes to have a high risk status, but it happens.

She said there are currently six tribes in the Southern Plains region that are listed as high risk.

## languages

*Continued from page 3*

have to give up one language to speak another, but once they make a decision it tends to be irreversible."

The film shows one tribe that passes on its language only from adult males to teen males for medicinal purposes. The tribe is well known for their healing powers. The scientist said the normal way to transfer language is when children are infants and by the age of 6 or 7 the child will know the language.

"Many people abandon language because they feel it's not useful in the modern world," the scientists said.

An example is in Chulym, a small town in Siberia where the Russian language dominates the area. Chulym citizens have had to learn Russian in order to communicate and in turn their native language is fading. Anderson and Harrison found a handful of Chulym speakers, however most of them are elderly and hard of hearing, therefore documenting the language proved to be a task. Plus, some of the native speakers could not remember how to say certain things. Their guide in the Chulym village didn't immediately disclose that he knew the language. The guide said the Chulym do not have a writing system, so he once tried to document their language, but the only letters he knew were Russian. He showed his writing to a Russian man and the man became offended. After that the Chulym guide became ashamed of his work and no longer has his writings.

Once the scientists visited with Chulym people, they were asked to help villagers create a children's book with drawings from school kids and descriptions of the drawings in Chulym.

Together, Anderson and Harrison know 22 different languages. When visiting different tribes, they were often told they should have started their journey five years or so earlier, because a lot of the fluent speakers have since passed on.

Anderson is the Living Tongues Institute for Endangered Languages co-founder and director. The institute is a non-profit organization that devotes its resources to document, revitalize, and maintain endangered languages.

Harrison is the director of research for the institute and is also a Swathmore College associate professor and chairman of linguistics.

The second day of their presentation focused on the science and statistics of language.

Anderson showcased 24 language hotspots in the world where languages are in danger and are ranked by threat level. He said Oklahoma used to have a high rating, but has since moved into a severe status.

"(The) global language extinction crisis looms as one of the greatest social issues of the 21st century," he said. "We're facing this and there's a finite level of time, people with knowledge and resources."

Anderson named approximately five tribes they are currently helping in the United States. One tribe is the Sax and Fox Nation in Oklahoma.

He said there are a lot of grass root efforts in Oklahoma to revitalize native languages.

"Language is a core asset of identity," Anderson said. "Someone should be proud of the knowledge they do have." -

## Season's of Life

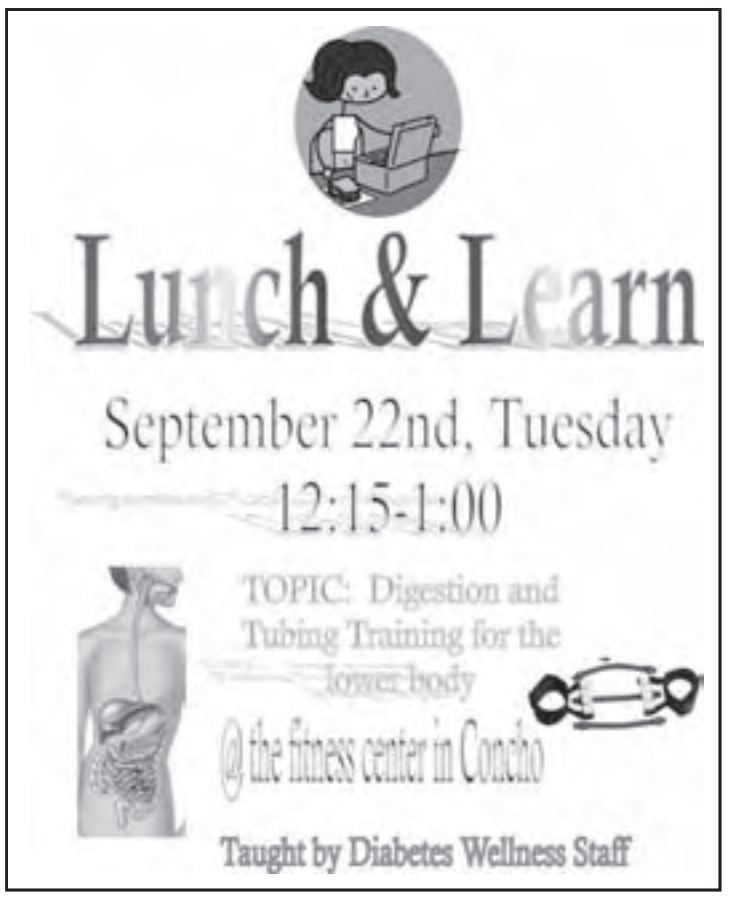
*By Marion Redbird*

Spring is like a beauty fair of being born a new. The sweetness of this time in life when everything is new.

Summer is a learning time, this experience is sincere. Our God is more pronounced in us, we can feel Him ever near.

The Fall of life is when we feel the changing of the guard. A sweet and gentle day in life for which we've worked so hard.

In winter we all turn from all of the pasts' sweet scenes. We find them in our memory. We feel them in our dreams. So we live life's season's. How grand it was to be trying all of the time, my God, to be closer yet … to three.



# HAPPY BIRTHDAY

Happy 1st Birthday
Ahren Liam Sweezy
We Love You!
Love Mommy, Daddy & Family

Happy Birthday
Alysah "the Rose" Carpenter
We love you

Happy 4th Birthday
Ashton
Sept. 19-We love you,
Nana, Papaw,
Dada, and Mama

Happy Birthday auntie
Sara Fanman
Sept. 25
Love, Davetta

Happy 7th Birthday
Lil Miss Rock Jaw!
Brandy Lynn Fasthorse
September 26-Love,
your auntie Malaina,
Cody, Elijah, and Lyla

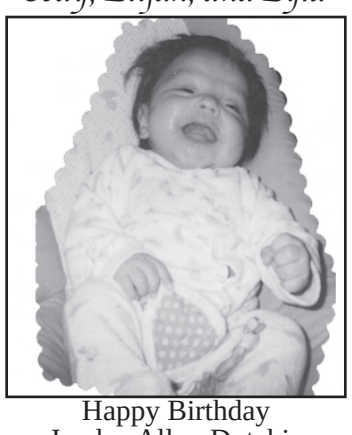
Happy 2nd Birthday
Bryce!
September 20
We Love You!
Gramma and Rick

Happy 45th Birthday
Michael Ray Richard
Up in heaven
Sept. 12
We love and miss you very much
Your bro' Henry Richard (GoodBear) and the family

Happy 2nd Birthday
Bryce Ian ~LongKnife
We Love You! XO
Mama and your big brother Cam

Wishing a Happy 4th Anniversary to
Steve and Georgia Richard
Sept. 12
Love ya lotz, your bro' Henry Richard (GoodBear) and
The family

Happy Birthday Diddy!
Cody Zimmer
Oct. 5
We love you!
Malaina, Elijah and Lylah



Happy Birthday
Jayden Allyn Dutchie
Sept. 29, 2004 –
Feb. 13, 2005
You would have been 5 years old. We love and miss you everyday, bu we know you are in heaven being held and loved by grandma Maud. Love you, your mommy, aunties Alana, Lee, Hillary, uncle Tim, mema Sheri, papa Alan and all your cousins.

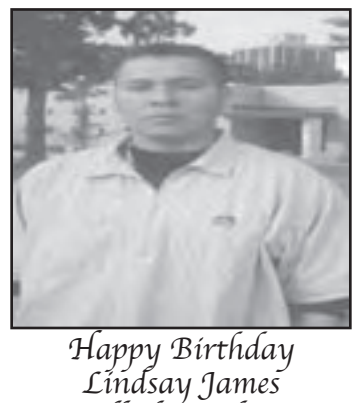
Happy Birthday
David!
We love you and are very proud of you!
Love your Mom, Dad, sisters, aunt, grandpa, grandma and cousin D!

Happy Birthday
Grandma,
Toni Hawk AllRunner
Sept. 21
I hope you have many more to come
Love, Davetta Hawk

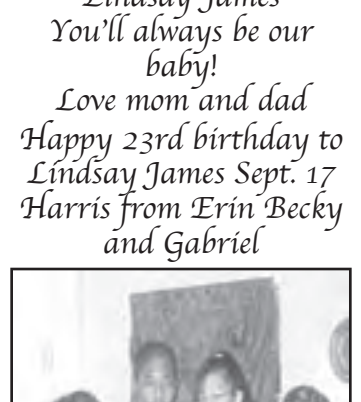
Happy Belated Birthday
Mya LaRose Black
Sept. 9
The Big 2
Happy Birthday Miyoni Renee Black
Sept. 29
The Big 1

Happy Belated 1st Birthday
LaRaya Ann Alexander
Aug. 5, 2008
Love, mom, big brother Aaron, grandma Reda, Jose and dad, jr.

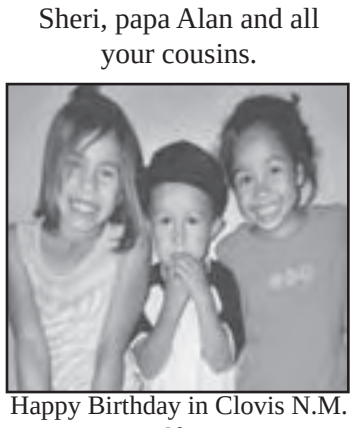
Happy Birthday
grandpa, Fred AllRunner.
Sept. 21 I hope you have many more to come
Love, Davetta Hawk



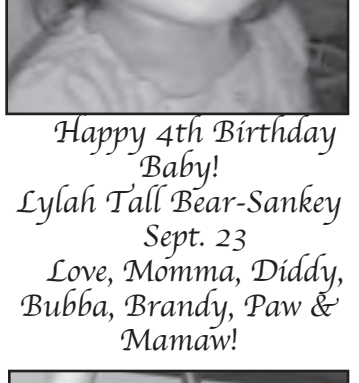
Happy Birthday
Lee Wolftongue
Sept. 16
With love from your family, your baby Jada, sisters Alana, Chelsey, Hillary, bro Tim, mom, dad, nephews Tye, Dustin and nieces Skyla and Lakota



Happy Birthday
Lindsay James
You'll always be our baby!
Love mom and dad
Happy 23rd birthday to Lindsay James Sept. 17
Harris from Erin Becky and Gabriel



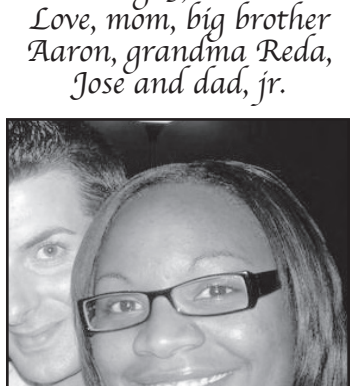
Happy Birthday in Clovis N.M. to Jasmine Wolftongue Sept. 12
Ashlee Wolftongue Sept. 22
With love from your Oklahoma family, aunties Alana, Lee, Chelsey, Hillary, uncle Timmy, mema Sheri, papa Alan, cuz's Duston, Tye Lakota, Skyla and baby Jada



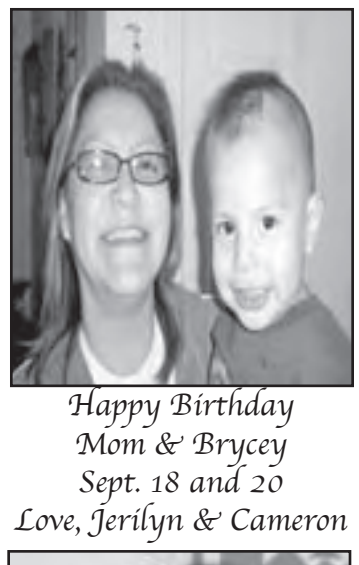
Happy 4th Birthday
Baby!
Lylah Tall Bear-Sankey
Sept. 23
Love, Momma, Diddy, Bubba, Brandy, Paw & Mamaw!

Happy 29th Birthday
Jeff SpottedBird
We love you very much and appreciate everything you do for us
Love, Jeffrey, Josiah, Roxy, and Anissa

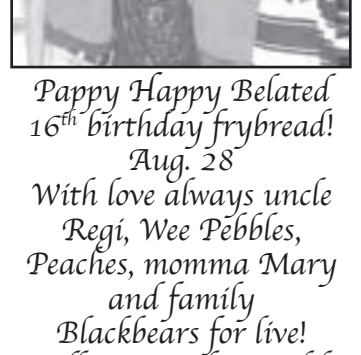
To My Great Grandmother
Mary Belle Lonebear
Grandma you are the best gift God has sent me. I love You with all my heart and I hope you had the greatest day of your life. You are in my heart and thoughts all the time.
Grandma Happy Birthday and again I Love you.
Andres Lonebear



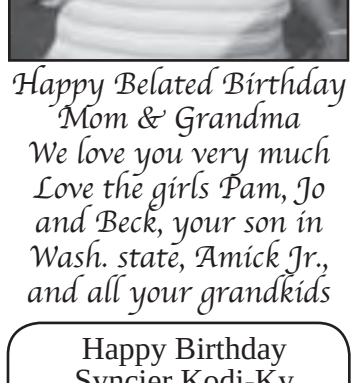
Happy Belated Birthday
Tim Wolftongue
Sept. 9
With love from your kids Dustin, Lakota and Skyla, sisters Alana, Lee, Chelsey, Hillary, your mom, dad and lil' nephew Tye and niece baby Jada



Happy Birthday
Mom & Brycey
Sept. 18 and 20
Love, Jerilyn & Cameron



Happy Birthday
Pappy Happy Belated 16th birthday frybread!
Aug. 28
With love always uncle Regi, Wee Pebbles, Peaches, momma Mary and family
Blackbears for live!
Follow your dreams lil' bro.



*Minerva Limpy*

Congratulations to Minerva Limpy for receiving a full basketball scholarship to the North Dakota State College of Science in Wahpeton, N.D..

Limpy is a 2009 graduate of Lame Deer High School in Lame Deer, Mont.

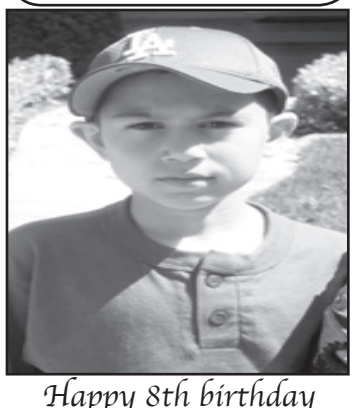
I am very proud of you Minerva, your dad Mike Limpy

Happy Belated Birthday
Mom & Grandma
We love you very much
Love the girls Pam, Jo and Beck, your son in Wash. state, Amick Jr., and all your grandkids

Happy Birthday
Syncier Kodi-Ky YellowBear aka Tuff
Nov. 19, 2009
7 years old
I love you son, you're the best that I have in my life and I am thankful for you and that you are my son. Love your father and the Wyoming-Oklahoma crew. We all love you
"Tuff"

Happy Birthday Reign
Ms. Kha'Marii
Daisy Marie
You're my heart and soul forever baby!
Love daddy (Regi) and family, My lil' frybread J

Happy Birthday
Gabriel-Sept. 17
We love you
from Becky and
Erin



Happy 8th birthday
Rickey Mayes-Sept. 16
We love you. Love, Dad, Mom, Jayliah, Kijafa and Khalil

Happy Birthday
Mis-Sept. 15
You are loved more than you know.
Love from all your family

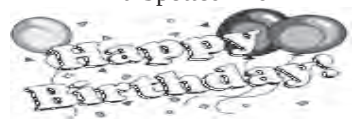
Happy Belated Birthday
Ron Kaulay and "Happy 10 years sobriety Birthday." We are very proud of you and it takes a strong person to overcome the things you have. You have made alot of sacrifices for your family's well being. You are true to your heart and if you put your mind to it there isn't nothing you can't do. Jonathon wants you to know that you are the best daddy ever and that he loves you very much. He said his daddy will always be his one and only superhero.
We love you and are very proud of you, Ruth & Jonathon

Happy Birthday Granny!
Today is your day, hope it's as special as you are! Even though we are miles apart, you will always be in our hearts.
We Love you, your granddaughters & BGB

Wishing a Happy 23rd Birthday to Brandon Richard (GoodBear)
Sept. 26
Love ya lotz, your bro' Henry Richard (GoodBear) and the family

To my beautiful neice Jonita
Twins
*HAPPY BIRTHDAY*
You know I love ya and miss ya! I promise I will try to be there with you to party! Yo auntie (You know)
Crazy Girl

There were two to wash, there were two to dry
There were two who argued and there were two who cried.
One was in the mud having a ball, the other held a crayon,
Another marked the wall!
Some days seemed endless, my patience grew thin,
Why was I chosen to be the mother of twins?
The answer came clear at the end of the day as I
Tucked them in bed, to myself I would say,
There's two to kiss, there's two to hug, And …
Best of all there's two to love!
Happy 29th Birthday
Sept. 20
Chop and Li'l Chop
Love your mother
Ella SpottedBird



## Congratulations

*Courtesy photo*
*(Right) Christian Gorham*

*Submitted article*

Congratulations to Christian Gorham for making first-string varsity quarterback for Northwest Classen High School (NWCHS) in Oklahoma City. Gorham is a 15-year old sophomore and a member of the Cheyenne and Arapaho tribes. Gorham is also on the (NWCHS) varsity baseball team. He is a member of the JROTC/Marksmanship and has received two medallions. One medallion for Top 3rd Cadet in all of the units and one medallion for Most Outstanding Leadership Potential. Gorham is also a Native Knight at NWCHS and a member of the Oklahoma City Public School's (OCKPS) Native American Student Color Guard. The color guard will be leading the Grand Entry for the Oklahoma State University (OSU) powwow in Stillwater on Oct 3, 2009.

Our family would like to thank the Cheyenne and Arapaho tribes' Recreation, Exercise, and Sports for the Elders and Children of our Tribes (R.E.Sp. E.C.T.) for their support by paying for him to attend football and baseball camps. We believe by him having the opportunity to attend these camps, it has enhanced his skills and talent and that has helped him achieve varsity quarterback status at such a young age.

I am very proud of you Christian-your mom, Tuesday Butcher

## Congratulations

There were two to wash, there were two to dry
There were two who argued and there were two who cried.
One was in the mud having a ball, the other held a crayon,
Another marked the wall!
Some days seemed endless, my patience grew thin,
Why was I chosen to be the mother of twins?
The answer came clear at the end of the day as I
Tucked them in bed, to myself I would say,
There's two to kiss, there's two to hug, And …
Best of all there's two to love!
Happy 29th Birthday
Sept. 20
Chop and Li'l Chop
Love your mother
Ella SpottedBird

# Employment Opportunities

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license, and CDIB to: Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: awhite@c-a-tribes.org

**Administrative Assistant/ Tag Agent Tax Commission**

**QUALIFICATIONS:**

Answer all incoming telephone calls and greet visitors to determine nature of business and make the proper referral. Retrieve incoming mail from the tribal complex for processing and distribution within the office and process all outgoing mail at the end of the day. Responsible for establishing and maintaining filing system for all office records and transactions. Issue motor vehicle tags, registration, titles, renewal notices and other associated documents including but not limited to lien entries and lien releases. Will work in conjunction with state and local law enforcement agencies on issues relating to the motor vehicle tag program. Will be responsible for outgoing correspondences relating to motor vehicle tax issues. Must type a minimum of 45 wpm accurately and must also be computer literate. Must work well under pressure and must be able to work well with the public.

**SALARY:** Negotiable

**Staff Assistant/Caregiver Elderly Nutrition Center**

**QUALIFICATIONS:**

Assists with intake applications of elders and their caregivers at the center and assist in determining eligibility of elders' applications. Travel and make home visits throughout the 11 county service areas. Assist with setting up training for the caregivers of elders. Maintain elder program files in a confidential manner. Provide and organize social and healthy intervention activities for elders at the ENP. Assist with monthly reporting of the elderly nutrition program and caregiver program for executive director, Title VI compliance and monthly vehicle reports for DHS. Must be computer literate, have good organizational skills and be able to work 29 hours weekly. Other duties may include travel beyond the service area for training, meetings, and other assignments. Possess a high school diploma or GED certification and valid Oklahoma driver's license. Prefer 55 years of age. Cheyenne and Arapaho preference. Must pass drug/alcohol screening.

**SALARY:** Negotiable

**Director Gaming Commission**

**QUALIFICATIONS:**

Five years experience in gaming, administrative and/or management level position preferred. Five years experience in dealing with public in professional manner. Must have strong administrative, organizational, and analytical skills. Must be familiar with Indian gaming procedures. Must have knowledge of federal rules and regulations applicable to Indian gaming. Must possess the ability to communicate effectively, verbally and in writing. Maintain the highest level of confidentiality. Must successfully pass extensive background investigation with the F.B.I. Must possess a valid Oklahoma driver's license with full coverage vehicle insurance. Preference given to enrolled members of the Cheyenne and Arapaho tribes.

**SALARY:** Negotiable

**Night Attendant-Substance Abuse Program**

**QUALIFICATIONS:**

Incumbent is expected to function as a fully trained professional with minimum supervision and directions. Must possess sufficient physical capabilities and stamina to meet the requirements and demands of varying periods of hours of duty and emergencies. Random U.A. and pre-employment UA required. Must have valid driver's license. Must have access to a telephone. High school diploma or GED certificate required. Must demonstrate current sobriety for a least two years. Must pass medical/physical exam, with TB test within 30 days of hire date. Must be willing to work other than normal working hours during holidays and weekends. Must have dependable transportation. Cheyenne and Arapaho preference.

**SALARY:** Negotiable

**Economic/Enterprise Development Director**

**QUALIFICATIONS:**

Bachelor's degree in business or engineering required. Ten years experience minimum of related work experience in business and technical management, business development, finance, economic development, retail, commercial, and/or industrial development. Strong people and project management skills with a demonstrated ability to drive the effective implementation of new technology and/or business processes. Must have excellent verbal and written communication skills and supervisor presentation skills. Must be familiar with the historical service area of the Cheyenne and Arapaho tribes. Must pass a drug test. Must be willing to travel local and out-of-state on official business. Must have a valid Oklahoma driver's license.

**SALARY:** Negotiable

**Field Supervisor-Farm/Ranch/ Buffalo Economic Development**

**QUALIFICATIONS:**

Knowledgeable in farm or ranching operations. Must be dependable, physically fit and lift a minimum of 75 lbs. and more. College preferred, emphasis in agriculture studies. Experience of a minimum of five years. High school diploma or GED. Oklahoma driver's license. Must pass pre-hire drug screen.

**SALARY:** Negotiable

## Public Notice

The Housing Improvement Program (HIP) is accepting applications for the 2010 year. All existing applications and new applications must be updated and received no later than Oct. 31, 2010. For more information, contact the Cheyenne and Arapaho Housing Authority at (580) 331-2410.

## GAMING COMMISSION

**Positions Available**

Administrative Assistant
Auditor
Compliance Manager
Two Compliance Officers
Licensing Technicians-Permanent/Temporary
Licensing Manager

High school diploma or GED required. Two years experience as a secretary serving in an executive capacity preferred. Be a U.S. citizen. and a minimum of 21 years of age. Possess and maintain a valid driver's license. Complete a background investigation and satisfy the suitability standards established by the commission for key employees and primary management officials. Not use or possess illegal narcotics or controlled substances. Successfully complete the commission's training program. Adhere to the commission policy prohibiting an employee from gambling or playing any licensed game or gaming device within the Cheyenne and Arapaho tribal lands. Strong work ethic and available to work evenings and weekends. Above average secretarial skills; Knowledge of personal computers, excellent spelling, grammar and verbal skills required. Knowledge of composition of business letters, reports, and memorandums. Knowledge of general record keeping and filing systems. Ability to type and/or take dictation as needed. Ability to proofread for correct spelling, punctuation and grammar. Ability to understand and follow instructions. Ability to work well with others. Among qualified applicants preference is given to enrolled Cheyenne and Arapaho tribal member, enrolled members of another tribe and non-Native American.

**SALARY:** Negotiable

## Employment Opportunities-WIA

The Cheyenne and Arapaho tribes' Workforce Investment Act (WIA) Program, Concho, Okla. has funding available to assist young adults seeking employment.

For people 18-24 years of age looking for a job, WIA may be able to help. WIA is offering the opportunity for full-time, temporary or permanent employment after successful completion of an eight week employment and training program at $7.25 per hour (comparable hourly wage may also be considered). Basic requirements apply.

For details, call the WIA Office at (800) 247-4612, ext. 27660, Monday-Friday, 8 a.m. to 5 p.m.

## Vo-Tech Assistance Available-WIA

The Cheyenne and Arapaho tribes' Workforce Investment Act (WIA) Program, Concho, Okla. has funding available to assist individuals interested in attending area vocational technology centers.

Classroom training offers the student a bi-weekly stipend of $7.00 per classroom hour. Basic requirements apply.

For details, call the WIA Office at (800) 247-4612, ext. 27660, Monday-Friday, 8 am to 5 pm..

## *Thank you*

Thanks to the Cheyenne and Arapaho Tribal College and education department for their support and time for the Arapaho Musical to become a reality.

I wish to thank the staff and volunteers for resources they have offered to help with the musical to become a successful event on the behalf of the Arapaho people.

And to the Cheyenne's that assisted with many songs of the Arapahos to hear music I haven't heard since my grandparents sang them at church gatherings.

Even when the Northern Arapahos couldn't be here, we were able to feed them through the tele-distance learning centers and hear the Northern dialect version.

It was good that everyone was enthusiastic over the event and we can now start to process the music for future use at other events. hohou

*Charles Sleeper, Arapaho language instructor*

## Public Notice

Oct. 2, 2009 is the deadline for ***complete*** **enrollment applications** to be submitted for consideration of membership and participation in the 2009 Trust Per Capita distribution.

Enrollment applications can be obtained in the Concho office or downloaded from the tribes' Web site.

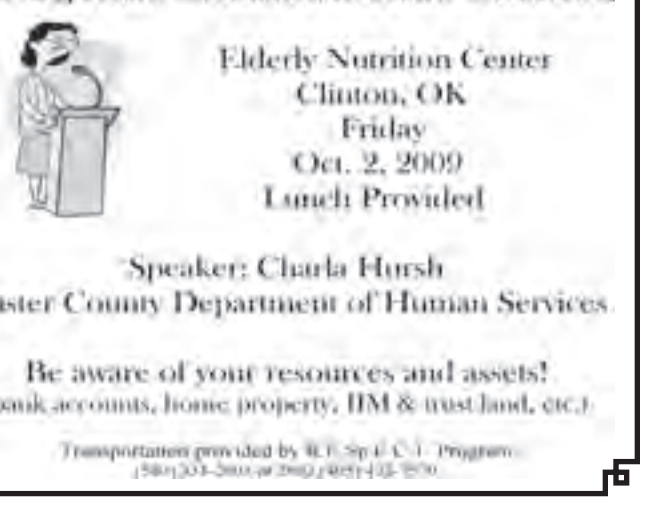
## EMS

*Continued from page 8*

with several tribal officials in the tribal governors office to discuss municipal or public services (Police, Fire and EMS); Attended meeting/training to update the Tribal PAN FLU plan and received $1,700.00 for updated plan completion and plan has been completed and submitted; Attended Tribal PAN FLU Plan update meetings with Tribal Officials; Attended ITEMC meetings; Held AHA update for WTC; Held In-service for staff on Cardiac Science AED's; Attended Region 1 Sub Committee meetings in Fairview to discuss applying for grant funds for the region; Held In-service/training on Blood Bourne Pathogens; Attended Region 1 table top exercise meeting in Woodward; Attended meeting with tribal grant writer to discuss 2009 AFG grant (I completed and successfully submitted grant application); Met with Tribal CHR program to update on EMS and AED project; Met with OKC I.H.S officials in Concho; Met with Lucky Star Casino Concho Security Director (Burgess) to discuss stand by's for this year and training for casino staff; Attended Advanced Hazardous material Life Support class in OKC/OU campus; Attended the ONAEMSA 2009 conference in Catoosa;Met with OK Western Area and Tribal Emergency Response Coalition

Thank you and MAY GOD BLESS YOU, Richard Miller, Cheyenne and Arapaho Tribes EMS Director, RN/CCEMT-P/AHA BLS, ACLS, PALS Regional Faculty, Office (580) 323-7087, or (800) 247-4612 ext. 32304, FAX (580) 323-0373, cell (580) 445-6280, email address rmiller@c-a-tribes.org, 10329 North 2274 road, Clinton, OK 73601

**Jazzy Select for sale**
$500 - Call (405) 273-1218




## Child, adult care food program

The Cheyenne and Arapaho tribes **Head Start** announces its participation in the Child and Adult Care Food Program.

All participants in attendance are served meals, at no extra charge to the parents and without regard to race, color, national origin, sex, age, or disability.

In accordance with federal law and United States Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Ave. SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

The statement applies to the centers listed here:

Canton Head Start, Concho Head Start and Clinton Head Start.

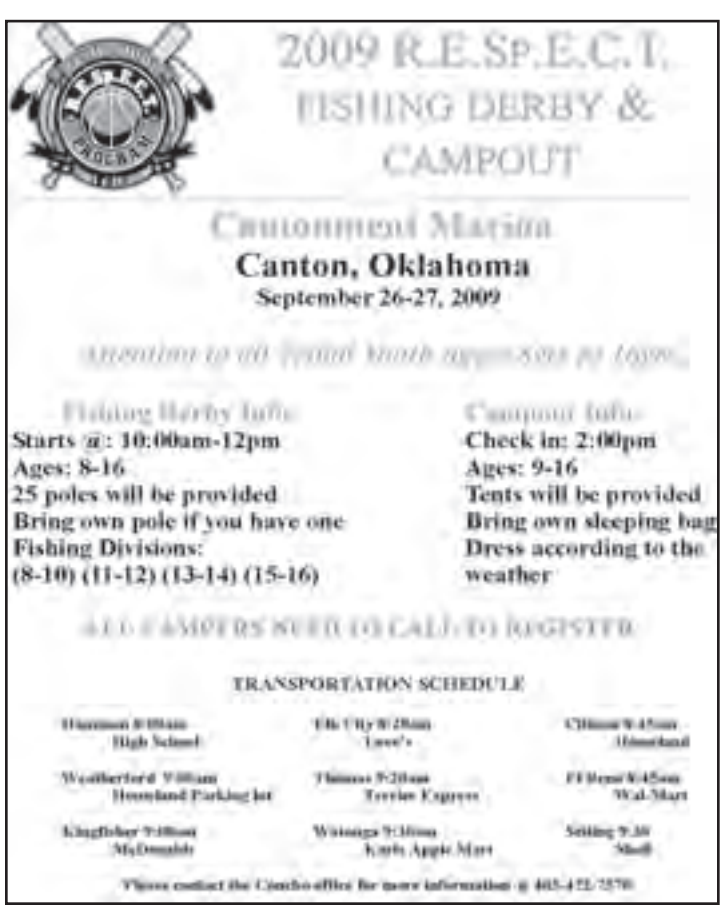
## Child, adult care food program

The Cheyenne and Arapaho tribes **Child Development** program announces its participation in the Child and Adult Care Food Program. All participants in attendance are served meals, at no extra charge to the parents and without regard to race, color, national origin, sex, age, or disability. In accordance with federal law and United States Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Ave. SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer. The statement applies to the centers listed here: Concho Child Development Center and Clinton Child Development program.

### Program to train Native American nonprofit leaders

First Nations Development Institute is accepting applications for its year-long 2009-2010 Leadership & Entrepreneurial Apprentice Development (LEAD) Program. Visit: www.firstnations.org/LEAD or contact Tina Farrenkopf (tfarrenkopf@firstnations.org). Oct. 2, 2009 is the deadline.



2009 R.E.Sp.E.C.T. Flag Football League
SEASON WILL BEGIN SEPTEMBER 27th
All players must be Native American
(Must live within the C & A Service Area
or enrolled C & A) or a Tribal Employee
Men's-8 Men on the field with a 10 person roster
Women's-6 women on the field with an 8 person roster
NO ENTRY FEE
FOR MORE INFORMATION OR TO ENTER A TEAM, CONTACT THE
R.E.Sp.E.C.T. PROGRAM OFFICE @ 405-422-7570
OR 1-800-247-7612 EXT. 27570
DEADLINE TO ENTER IS SEPTEMBER 22ND, 2009
Recreation, Exercise & SPorts for the Elders and Children of our Tribes

IN THE TRIAL COURT
CHEYENNE AND ARAPAHO TRIBES
P.O. BOX 102
CONCHO, OKLAHOMA 73022
FILED
COURT CLERK
In The Matter Of The Guardianship Of
Case No:
NOTICE OF 90DAY CAUSE HEARING
OR
ORDER OF TEMPORARY EMERGENCY GUARDIANSHIP
YOU ARE HEREBY NOTIFIED TO APPEAR, on the above date and time indicated for presentation of
your case before the above-entitled Trial Court.
COPIES MAILED TO:
Court Clerk
Cheyenne and Arapaho Trial Court

# blood

*Continued from page 1*

IHS because they don't have enough blood to be on our roll or any other roll … these were the reasons I authored this resolution, not for money."

According to information gathered by the Office of the Tribal Council there are 12,263 tribal members currently on the roll.

If the blood quantum requirements were lowered it is projected an additional 6,169 new members would be eligible for enrollment into the Cheyenne and Arapaho tribes.

*Photo by Rosemary Stephens*

*Tribal member Tyrone Todd signs in at the special tribal council meeting.*

"If you look at some of these other tribes, such as the Cherokees and the Chickasaw's, you will see that after they lowered their blood quantum requirements they actually flourished financially … doing this (lowering blood quantum requirements) only helped their tribe, not hurt it," Tyrone Todd, tribal member, said. "A lot of federal grants available to us are based on our number of tribal members and meeting the needs of those tribal members."

Some Oklahoma based tribes have already taken the steps to lower their blood quantum requirements to 1/8. They are the Apache tribe, Comanche Nation, Delaware tribe of western Oklahoma, Otoe-Missouri tribe, Pawnee Nation, Ponca tribe, Sac and Fox Nation and the Wichita and affiliated tribes of Oklahoma.

According to wikipedia.com the blood quantum laws have caused many problems in Native American families where they have full or partial descent.

In some cases there have been family members or entire families that have been excluded from being enrolled in their tribe even though they have no non-Native American ancestors.

"I am half Cheyenne and I'm one of those who have done well within our tribe. I have a granddaughter who is 18 years old, has been brought into the circle and when I die she will inherit my song. She is Indian … but her own tribe does not recognize her. This is for our children and our grandchildren and they are well-deserving," Alice Whitecloud, tribal member, said. "We need to consider our little children, grandchildren and great-grandchildren when deciding this issue, they are the ones who will be affected."

She said her biggest fear was her granddaughter would not be able to get a college education because she can't apply for Native American scholarships and she won't have the health care she needs.

For more information about lowering the blood quantum requirements contact Rachel Lynn, in the Office of the Tribal Council, at (800) 247-4612 ext. 27430.

## GRANTS/CONTRACTS/SERVICES

Currently the Cheyenne and Arapaho ribes manages 51 grants and contracts. Effects to each category vary on the funding source, service population and process in calculating funding amounts.

- Housing
- Adult Education
- Food Distribution
- Higher Education
- Funeral Assistance
- Diabetes Wellness
- Roads Program

- Housing-Grant using tribal rolls and census information to distribute funding amounts. Increase in tribal rolls would possibly increase program funding by 500K-1 million dollars. Services and funding would be adequate to function.
- Food Distribution-Funds are calculated by the numbers served. If an increase in numbers occur, an increase in funding is available. This year, the food program received approximately a five percent increase. Services and funding would be adequate to function.
- Funeral Assistance-Services would remain adequate to assist tribal members burying their loved ones.
- Roads Program-Funding based on federal formula, not based on census or tribal rolls.
- Adult Education-Currently serve all Native Americans within the reserve. Funding appropriated by Tribal Priority Allocations set two years prior to current fiscal year. Increase in tribal rolls would cause current services to shift to possible classroom setting style instead of one-on-one. Budget would be unconstraint.
- Higher Education-Increase the students equals increase the need. Decrease the services if additional funding is not received from other sources. Increase will not be seen specifically from the Department of Interior Bureau of Indian Education.
- Diabetes Wellness-Services and funding would be adequate.

*Information furnished by the Office of the Tribal Council*

### Advantages

Lower Blood Quantum

- Increase tribal rolls.
- Ability to intervene for more Cheyenne and Arapaho children within the ICW/Foster Care System who are currently not eligible for enrollment.
- Increase tribal tag sales.
- Increase population to receive Indian Health Services (IHS) (Note: After the age of 18, Native Americans not on a tribal roll cannot get health services from IHS).
- Broader eligibility for tribe to obtain federal grants based on tribal enrollment numbers.

### Disadvantages

Lower Blood Quantum

- Increase tribal membership.
- Decrease oil, gas and gaming per capita payments.
- Decrease in amount of services provided by gaming programs.
- Dilution of blood quantum.

*Information from the Office of Tribal Council*

## *Don't forget to salute your veteran*

In honor of **Veteran's Day** on Nov. 11, 2009 a photo tribute of Cheyenne and Arapaho tribal veterans will be featured in the Nov. 1, 2009 issue of the *Cheyenne and Arapaho Tribal Tribune.*

To honor a tribal veteran, submit their picture along with the veteran's name, branch of service and hometown. Entries can be sent to the *Cheyenne and Arapaho Tribal Tribune*, P.O. Box 38, Concho, OK 73022.

To receive your photo back, please send a self-addressed stamped envelope. Entries can also be delivered to the *Tribune* office in building one in Concho or e-mailed to dattocknie@c-a-tribes.org.

The **deadline** is **Oct. 15, 2009**. No exceptions. Late entries will not be published.

## CHEYENNE AND ARAPAHO VETERANS POWWOW

Aug. 28-30, 2009 in Canton, Okla.

*Photos by Dana Attocknie*

# 65th Annual Cheyenne and Arapaho Labor Day Powwow

Sept. 4-7, 2009
Colony, Okla.

*Photos by Rosemary Stephens*

Lucky Star CASINO

CLINTON CONCHO

101 N. Indian Hospital Rd. 7777 N. Highway 81

An Enterprise of the Cheyenne and Arapaho Tribes

1. SIGN UP TODAY FOR $10 IN FREE PLAY
THEREWARDSCARD
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2. Sept. 18th
MERLE HAGGARD & STONEY LARUE
in Clinton

VALET PARKING NOW IN CLINTON!

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Management and promoters reserve the rights to cancel or modify these events without prior notice. Giveaway winners must be 18 or older and must be present to win. All ages welcome at concert. © 2009 Lucky Star Casino.